

# Practical Radiology: Pediatric Abdominal Emergencies

#### Summer L. Kaplan, MD MS

Associate Professor of Clinical Radiology Associate Chair for Quality, Department of Radiology *Children's Hospital of Philadelphia* Perelman School of Medicine, University of Pennsylvania



#### **Financial Disclosures**

• I do not have any relationships to report with ACCME defined ineligible companies.

## Objectives

After this presentation, the participant will be able to:

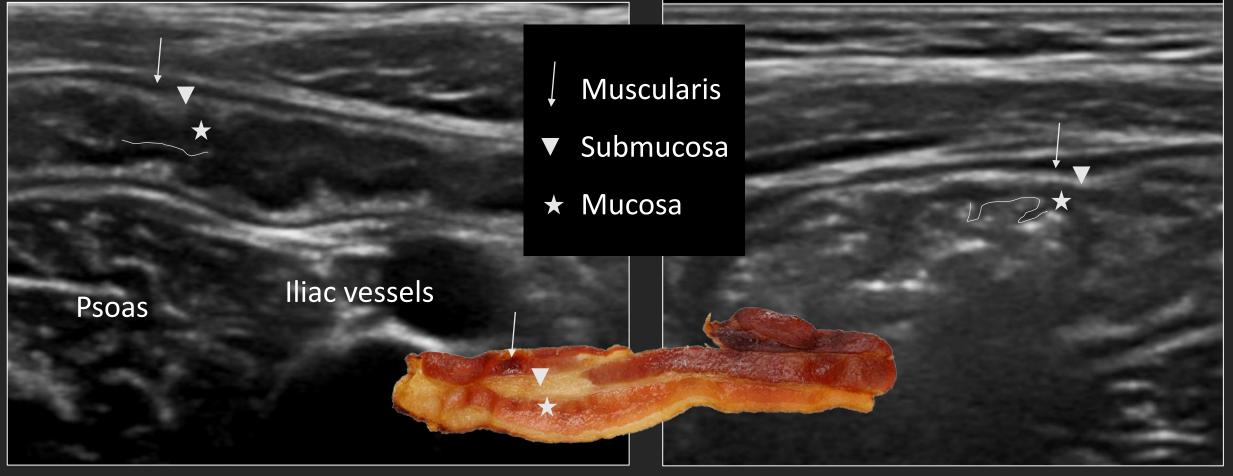
- 1. Describe imaging findings of pediatric GI emergencies
- 2. Describe imaging findings of intra-abdominal pediatric GU emergencies
- 3. List ways to reduce radiation and optimize image quality in pediatric abdominal imaging

## **Imaging of Pediatric Acute Abdomen**

- Radiographs
  - Support devices
  - Bowel gas distribution
  - Mass effect
  - Stool burden
  - Obstruction
  - Pneumoperitoneum
  - Pneumatosis (Inpatients)
  - Foreign body (Emergency Dept.)
- Ultrasound is typical 2nd line modality
- CT rarely used



### **Pediatric Bowel Ultrasound**



Terminal Ileum

Cecum

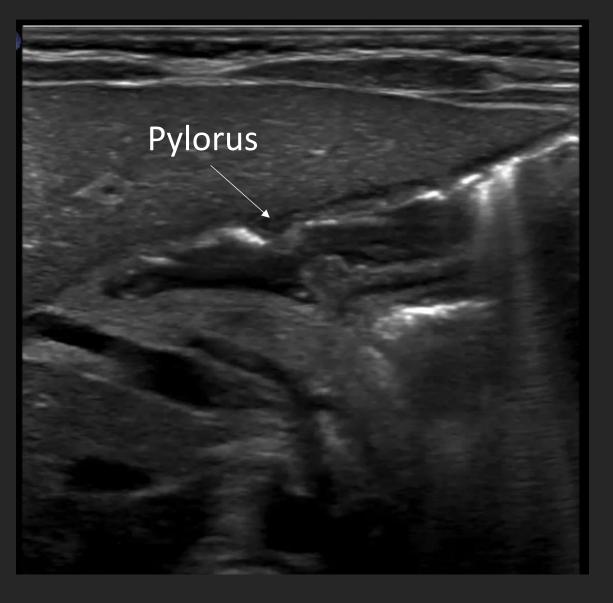


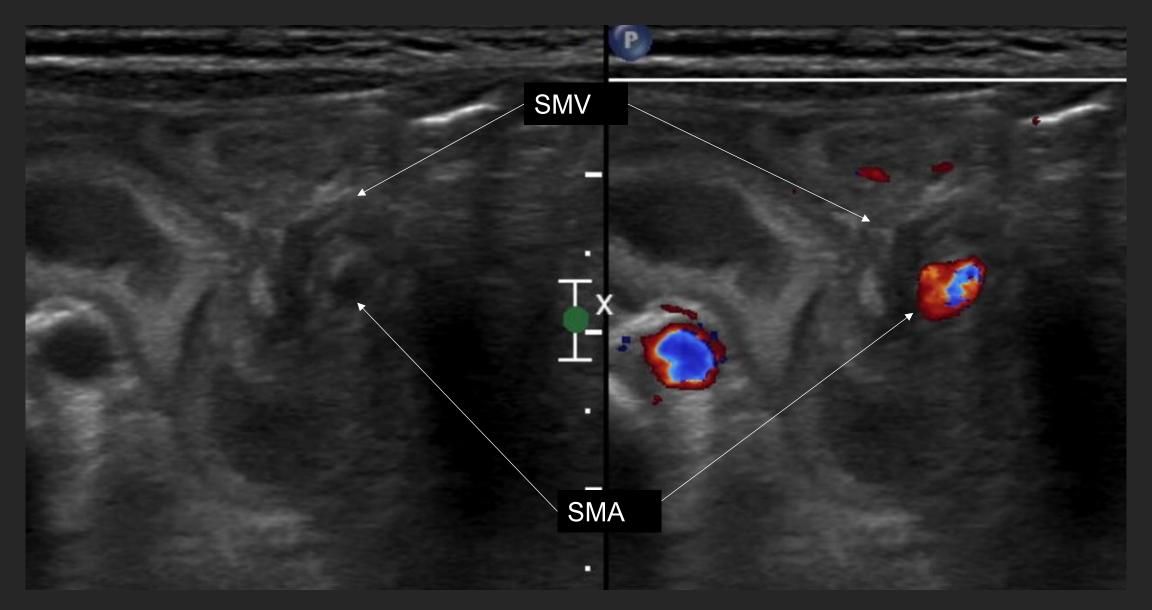
Differential diagnosis bilious vomiting

Post-pyloric obstruction

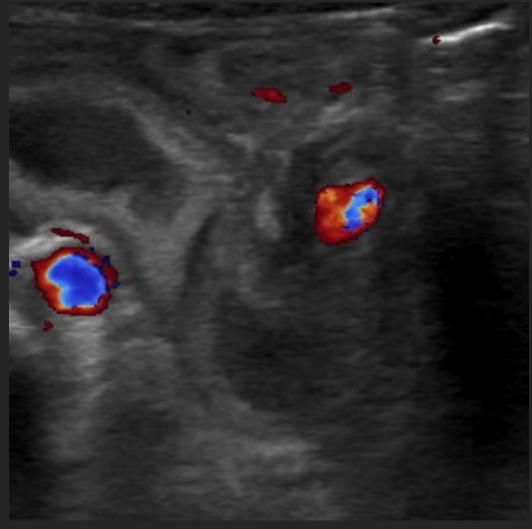
- Midgut volvulus
- Duodenal stenosis
- Annular pancreas
- Enteritis
- Feeding intolerance
  - Gastro-esophageal reflux
  - Milk protein allergy







## **Midgut Volvulus**



- SMA should be *left* of SMV
- Ultrasound diagnosis
  - Linear probe, baby head probe
  - Sensitivity 83 96%
  - Specificity 89 100%
  - Clockwise whirlpool sign
  - Obstructed duodenum
- Fluoroscopy may confirm atypical cases

#### **Pitfall: SMA/SMV location**

- Bowel gas frequently obscures SMA/SMV
- Look inferior to pancreatic head
- Not at hepatic hilum

Portal vein

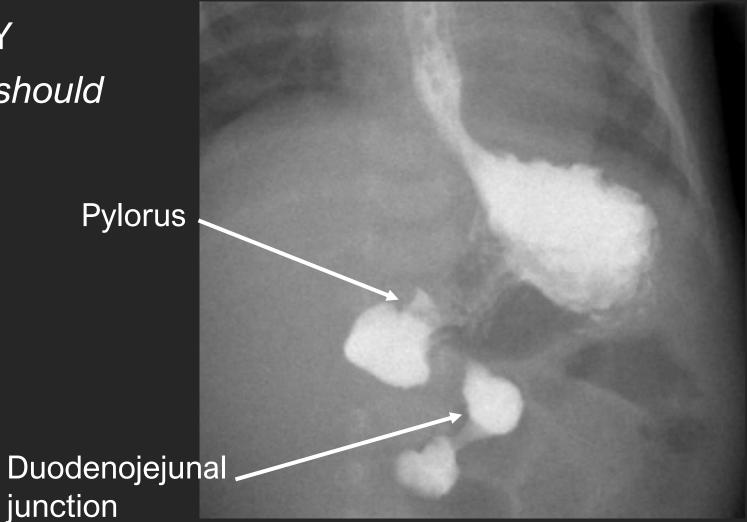
Superior mesenteric artery SMA/SMV

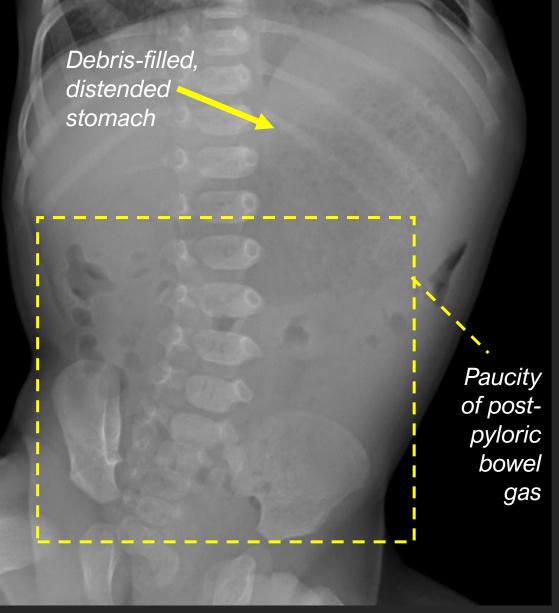
**Midgut Volvulus** FLUOROSCOPY Duodenojejunal junction *should be*:

- Left upper quadrant
- Level of pylorus

#### Fluoroscopic signs

- "Bird beak"
- "Corkscrew"





#### **Differential diagnosis**

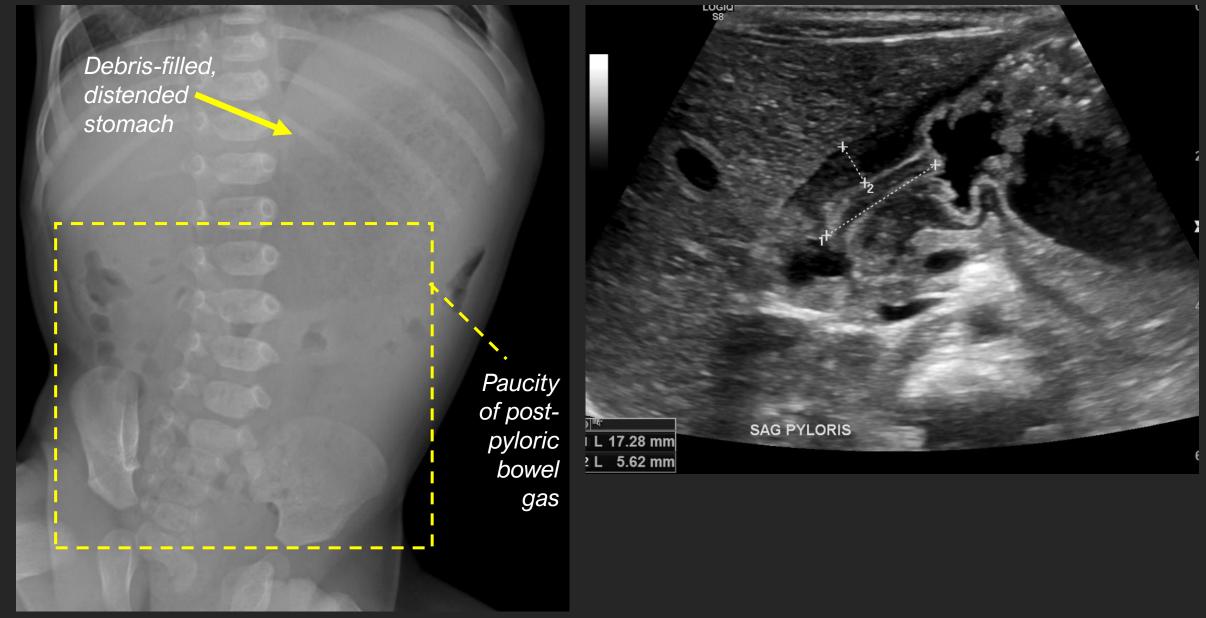
#### Gastric outlet obstruction

- Hypertrophic pyloric stenosis
- Mass

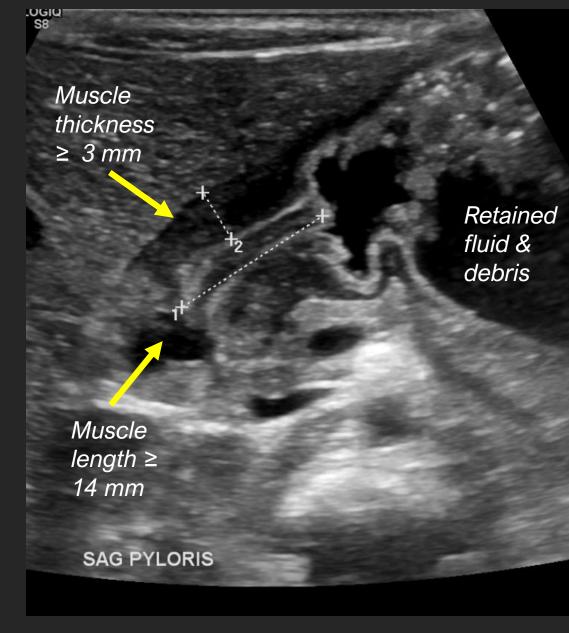
#### Retained debris in stomach

Lactobezoar

2-month old, vomiting and failure to thrive



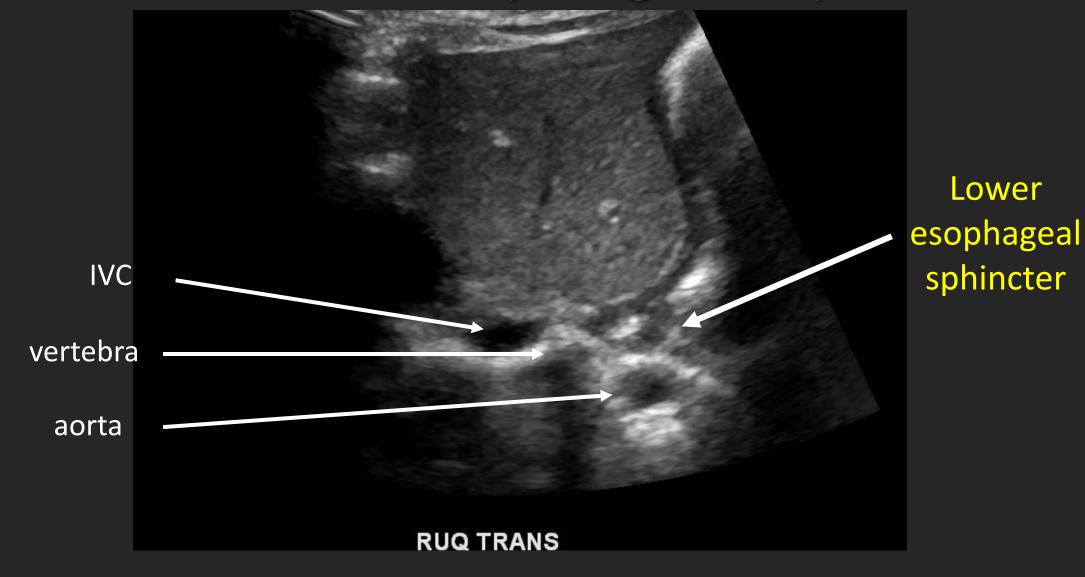
2-month old, vomiting and failure to thrive

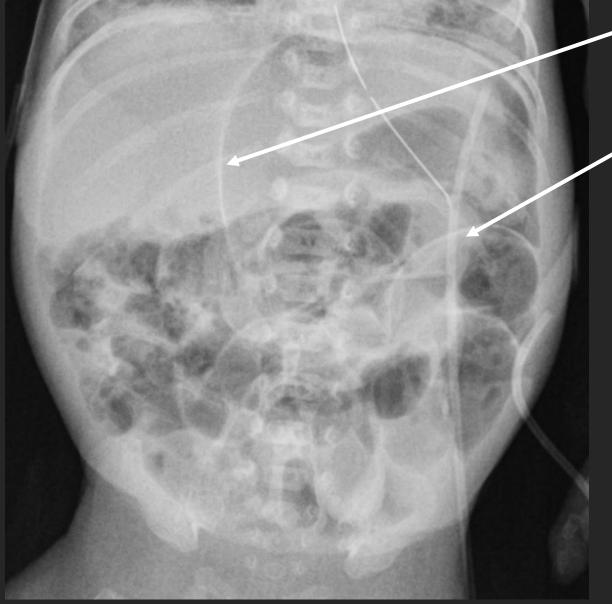


## **Pyloric Stenosis**

- Infants 3 weeks 14 weeks
- Males:Females 4:1
- Muscular layer (dark)
  - $\geq$  3 mm thick
  - ≥ 14 mm long
- Retained fluid and debris in stomach
- Failure pylorus to open

#### **Pitfall: Lower Esophageal Sphincter**





- • Falciform ligament
  - "football sign"
  - Air outlining bowel wall
    - "Rigler sign"
  - Mottled lucencies in bowel
  - lleus

12-day old w/ abdominal distention

## **Necrotizing Enterocolitis**



#### Premature infants

- Approx 32-week equivalent gestational age
- Advancing feeding

# Complex congenital heart disease

- Single ventricle physiology
- "Steal" phenomenon
- Low cardiac output

12-day old w/ abdominal distention

## **Necrotizing Enterocolitis**

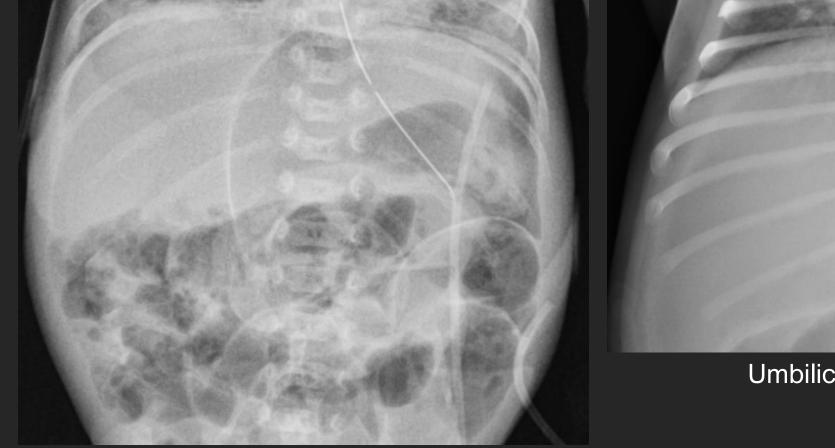


distention

1 hour later

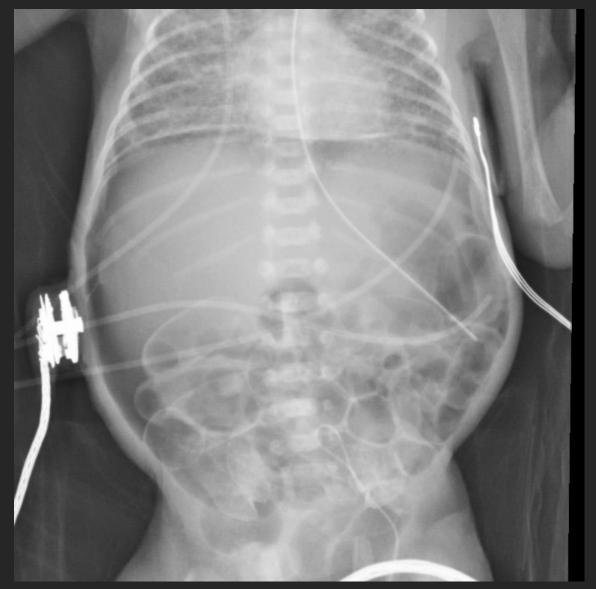
5 hours later

# Pitfall: Umbilical venous catheter hides "football"





Umbilical venous catheter

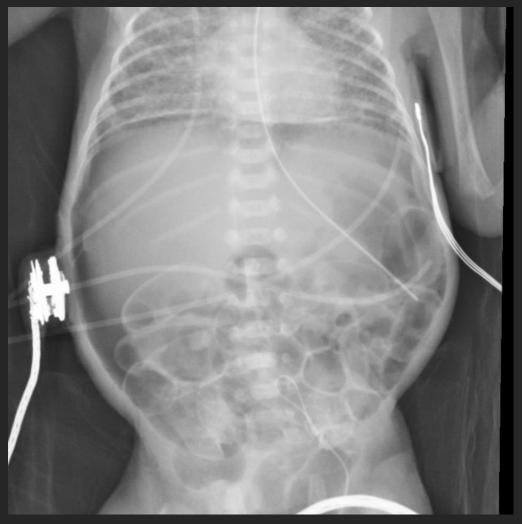


14-day old 26-weeks gestation w/ abdominal distention



1 day earlier

## **Spontaneous Intestinal Perforation**



14-day old 26-weeks GA w/abdominal distention

- Affects very low birth weight infants
- Typically perforates at terminal ileum >> jejunum, colon
  - Infection, ischemia
- Risk factor: early post-natal steroids, indomethacin
- Medical and surgical treatment options



6-month old w/ dark stools

Differential diagnosis, infant with dark stools:

- Ileocolic intussusception
- Polyps
- Meckel complication
- Milk protein allergy





6-month old w/ dark stools

## **Ileocolic Intussusception**



- "Target sign"
- "Pseudokidney sign" in long axis
- > 2.5 cm diameter
- Intussusceptum
  - Small bowel
  - Fat
  - Lymph nodes
  - May contain appendix

#### **Intussusception Reduction**

#### Fluoro: Contrast

Fluoro: Air

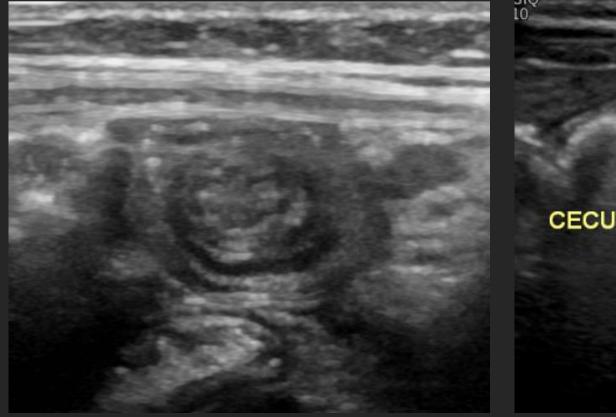
Ultrasound

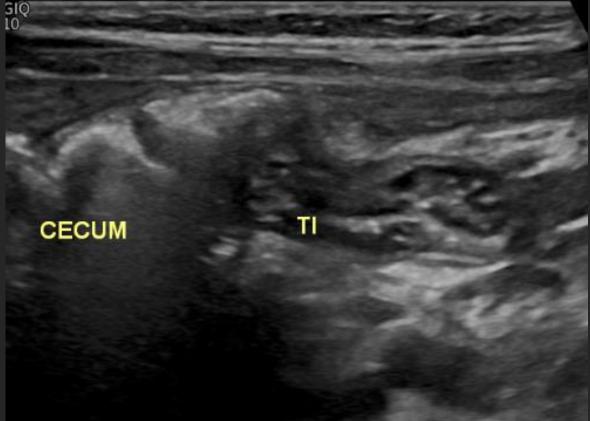


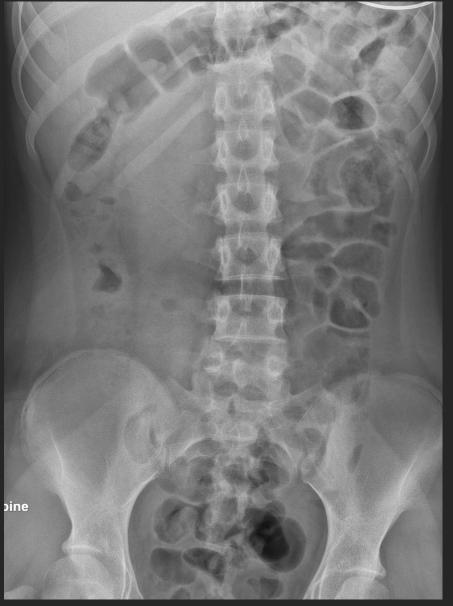
#### **Pitfall: Small bowel intussusception**

- < 2.5 cm diameter
- Intussusceptum no fat or nodes

#### Look for normal ileocecal valve



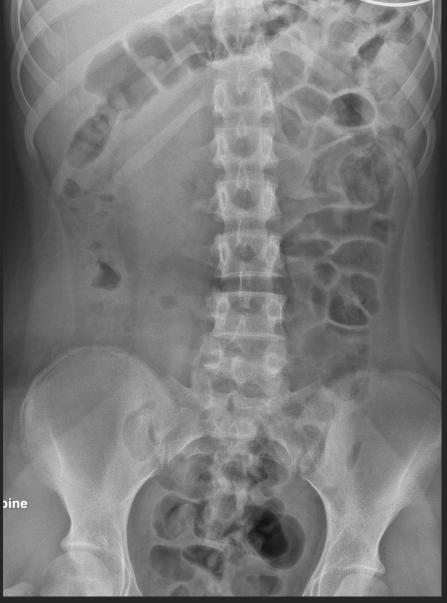


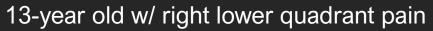


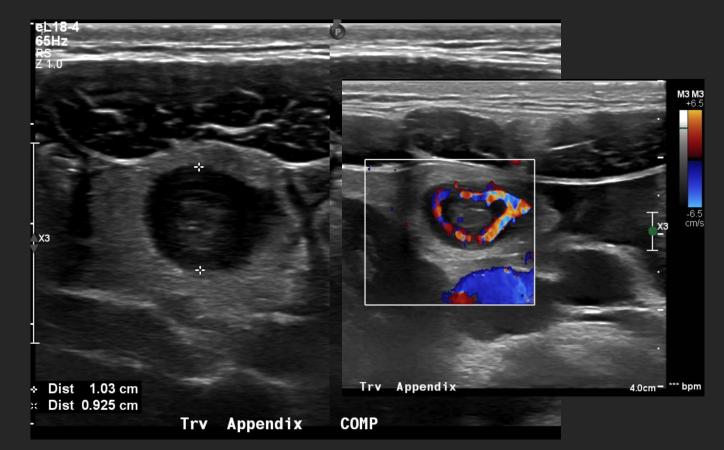
13-year old w/ right lower quadrant pain

Differential diagnosis RLQ pain:

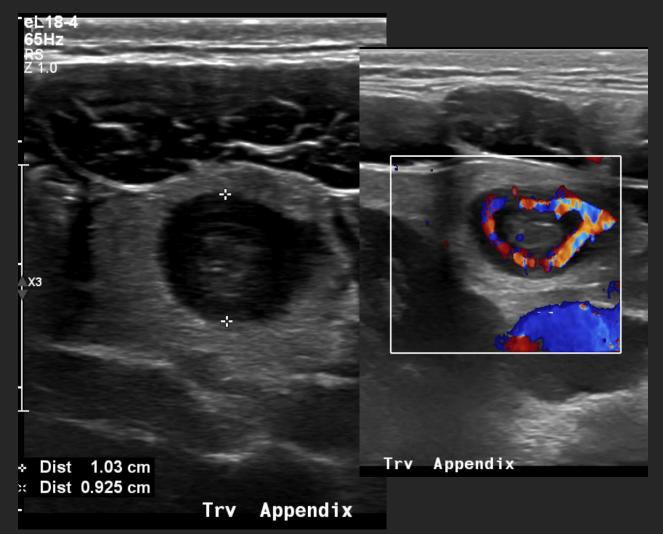
- Appendicitis
- Inflammatory bowel disease
- Mesenteric adenitis / enteritis
- Meckel complication
- Intussusception with pathology







## Appendicitis



13-year old w/ right lower quadrant pain

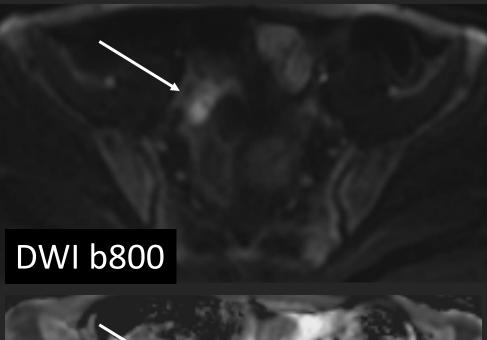
- Typically > 7-years old
- Febrile, leukocytosis

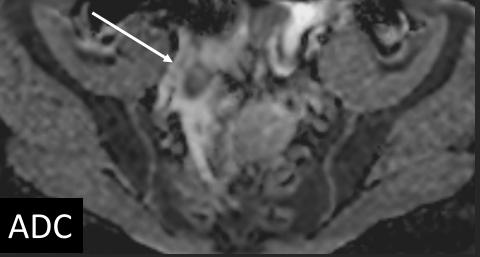
#### Ultrasound

- > 6 mm diameter
- Non-compressible
- Mesenteric fat echogenic
- Hyperemic

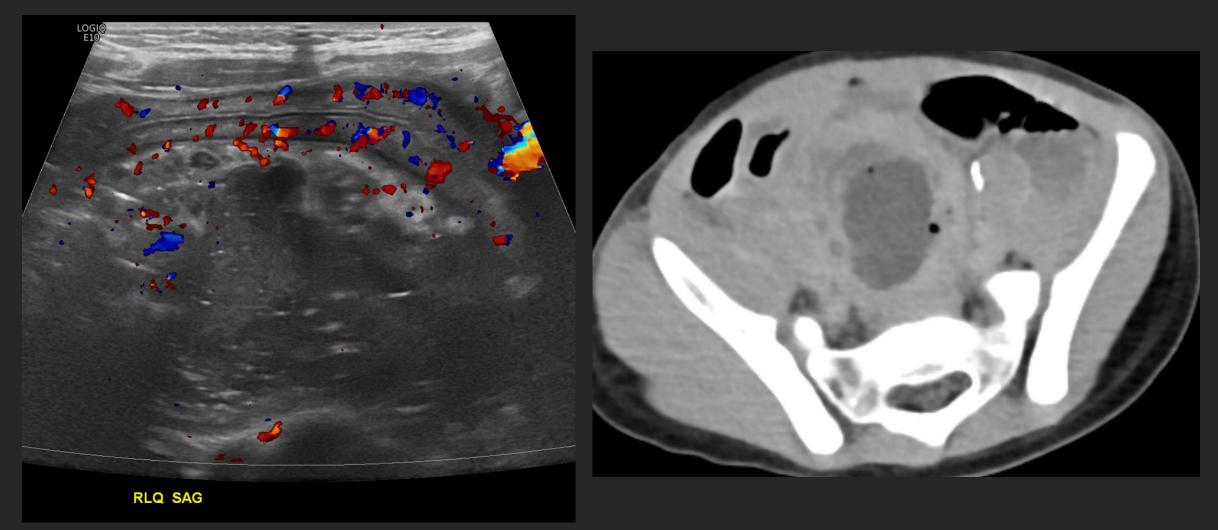
## **Appendicitis MR: Equivalent to CT**





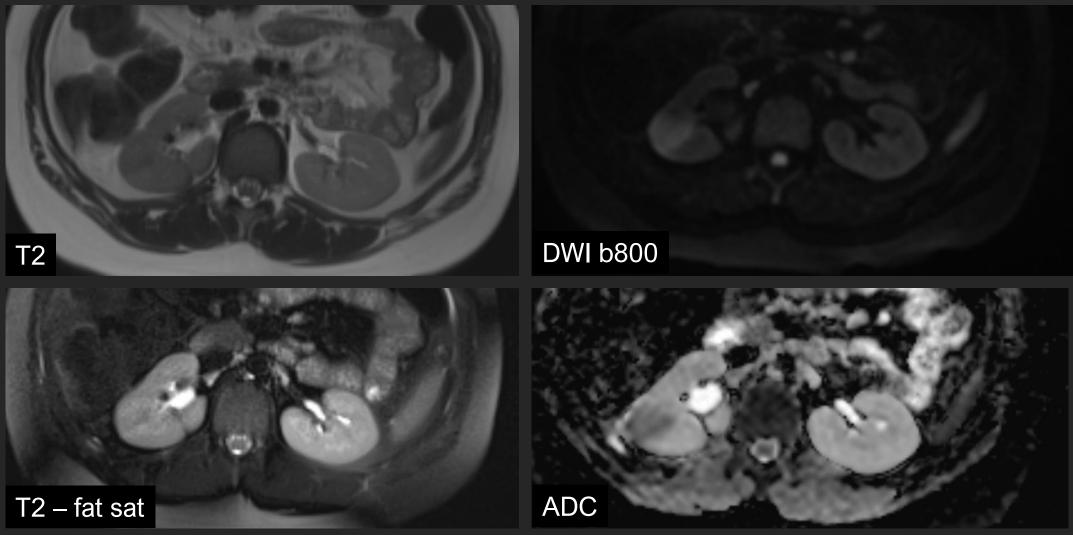


#### Pitfall: Very young children can present late

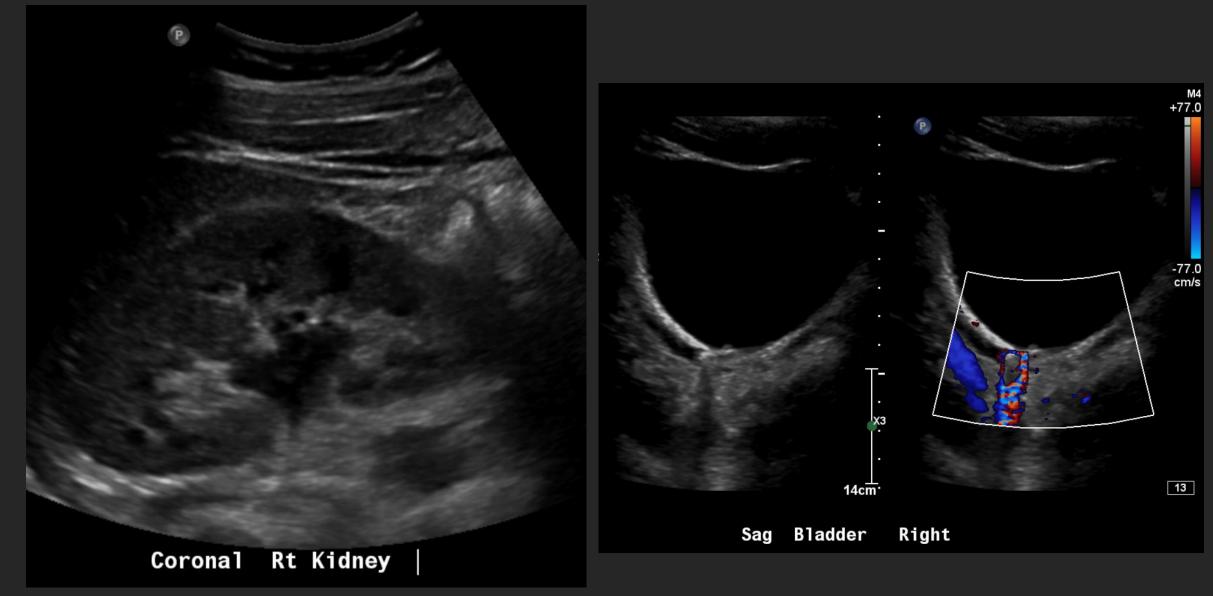


3-year old w/ fever, abdominal pain

## MR Appy: Pyelonephritis

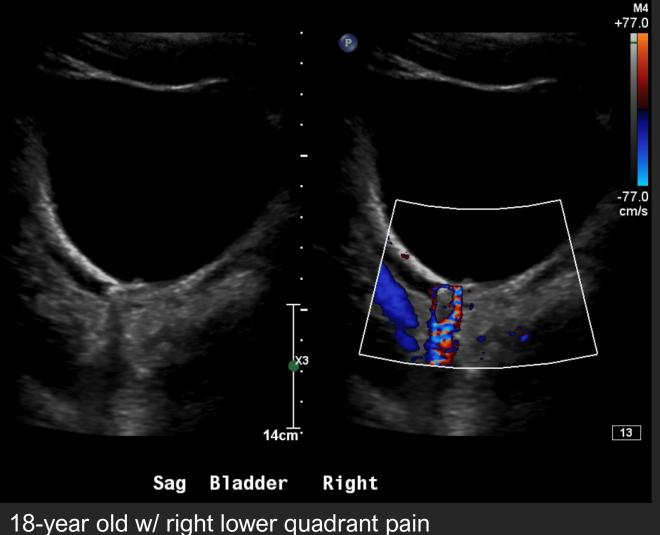


15-year old w/ right abdominal pain



18-year old w/ right lower quadrant pain

# Urolithiasis



US Features

- Echogenic
- Posterior shadowing
- Twinkle
- 60% false positive
- All 3 findings
  - 95% specific
  - 31% sensitive

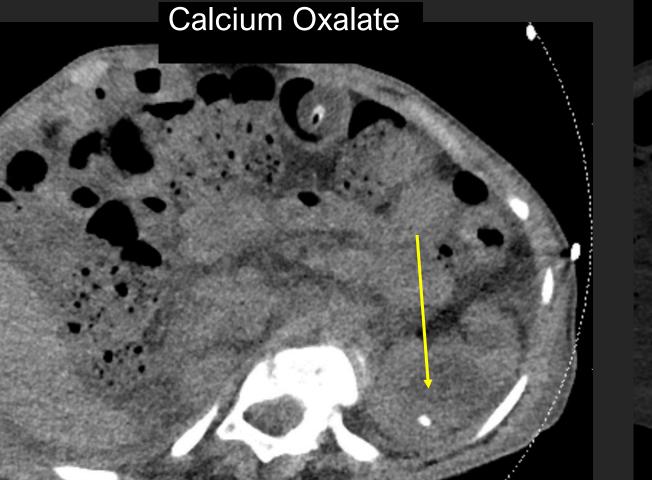
# **Pediatric Urolithiasis**

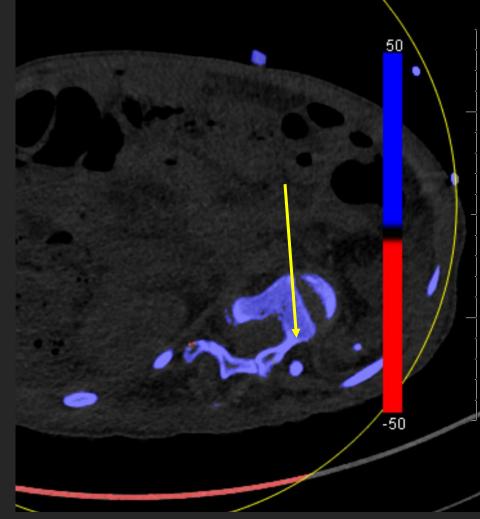
- Positive family history
- Solute excretion abnormality
- Urinary tract malformations
- Inflammatory bowel
- Cystic fibrosis
- Immobility

#### Types

- Calcium oxalate
- Struvite (infectious)
- Uric acid
- Cystine

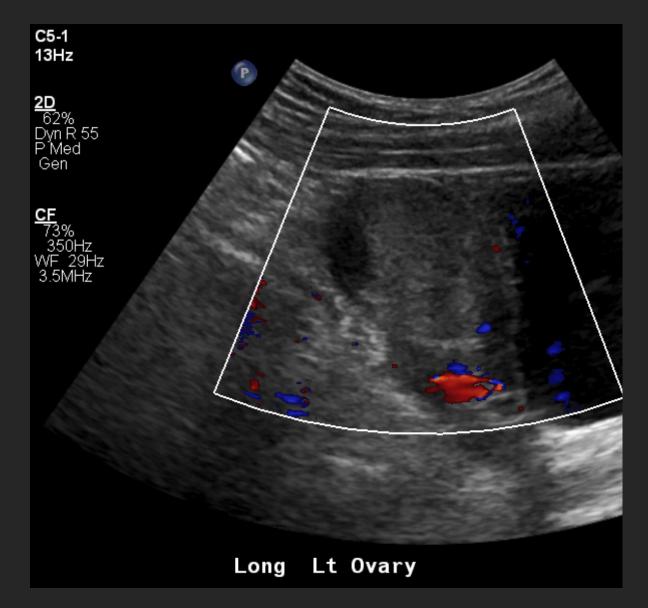
# Dual Energy CT - Calcium Map





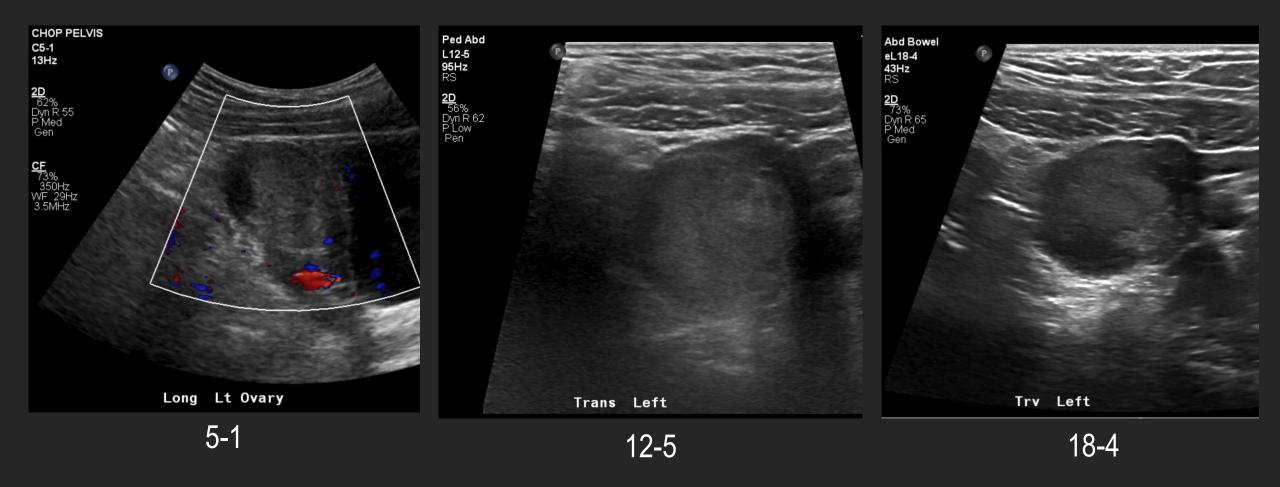
# Dual Energy CT - Calcium Map

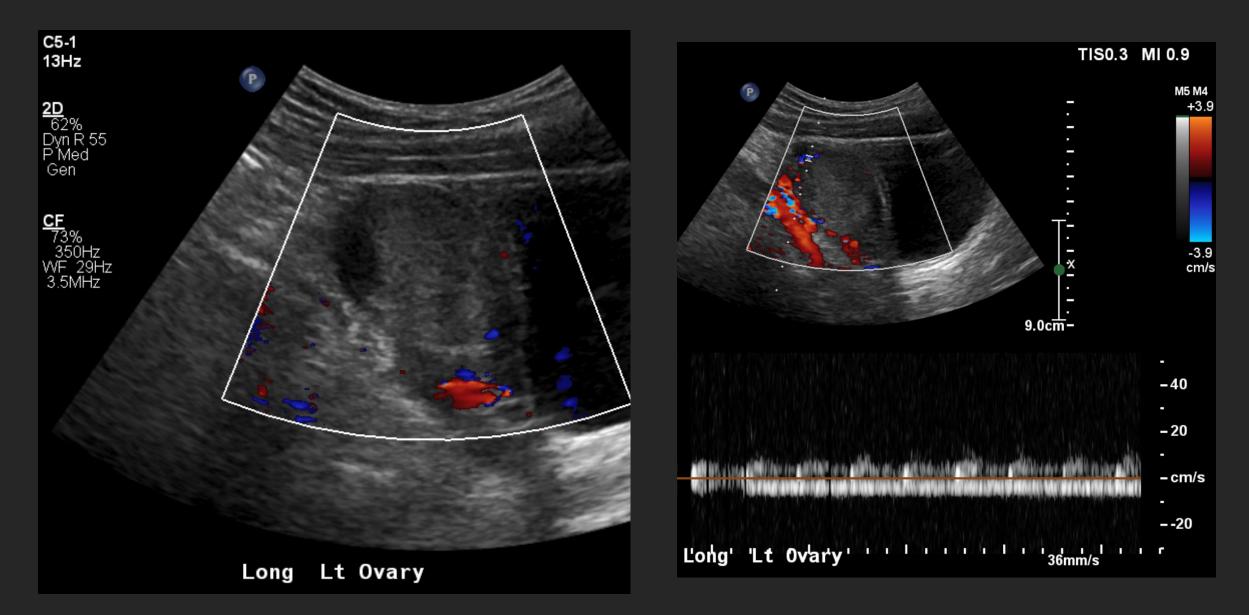




11-year old w/ left lower quadrant pain

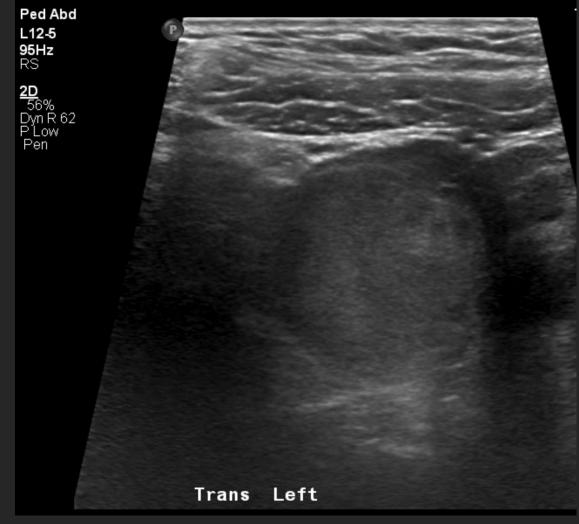
## **Troubleshooting: Use higher freq**





11-year old w/ left lower quadrant pain

## Hemorrhagic Ovarian Cyst

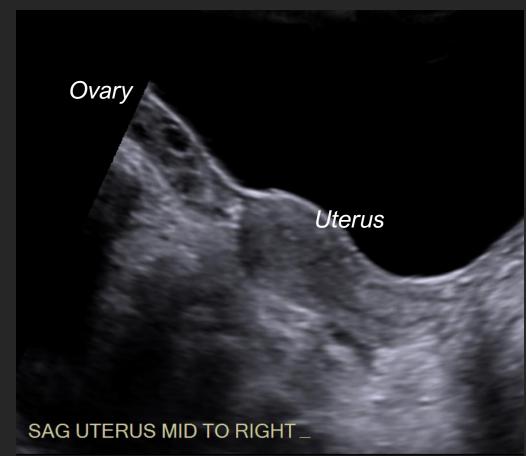


11-year old w/ left lower quadrant pain

Improve evaluation:

- Higher frequency probe
- Full bladder for transabdominal US
  - 75 ml for  $\leq$  6-years old
  - 150 ml for 7-years old menarche
  - 250 ml for post-menarchal





**Rt Sag** 15-year old w/ right lower quadrant pain

### **Tubal Torsion**

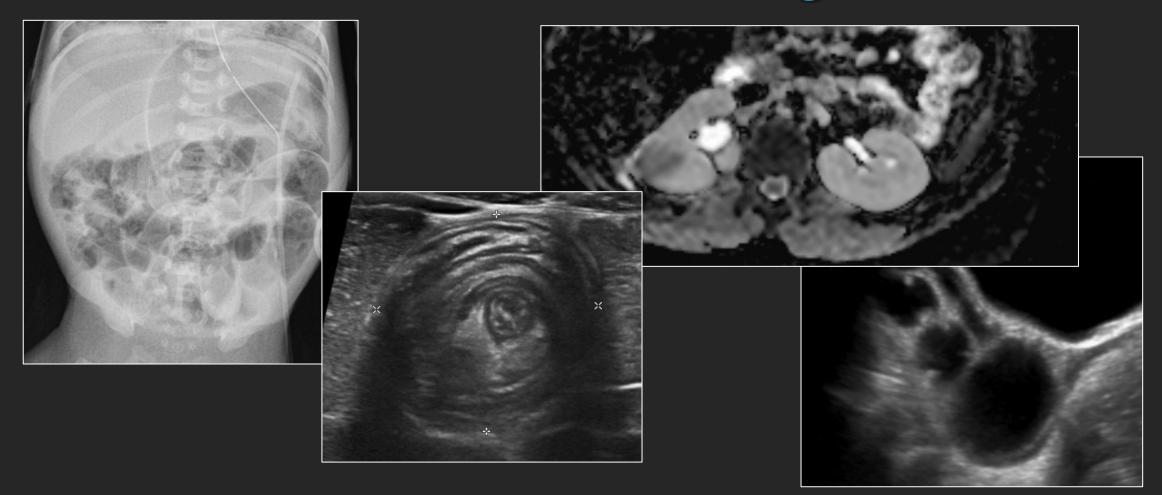


- Signs of tubal torsion
  - "spokewheel"
- Often associated with paratubal/adnexal cyst
  - Ovary normal
- Tubular or fluid-filled cysts in adnexal are tubal torsion until proven otherwise

# **Key Points**

- Radiographs typically 1<sup>st</sup>-line imaging modality for pediatric abdominal emergencies
  - Ultrasound 2<sup>nd</sup>-line
- Midgut volvulus can be diagnosed with US
- MR appendicitis diagnostically equivalent to CT and saves radiation
- US specificity for urolithiasis may be high but sensitivity is low
- Non-peristalsing tubular fluid in the adnexa considered tubal torsion until proven otherwise

#### **Pediatric Abdominal Emergencies**



Dr. Summer L. Kaplan, slkaplanmd@gmail.com