

# Complications of Bariatric Surgery

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### Financial Disclosures

• I have no relevant financial disclosures.

#### Introduction

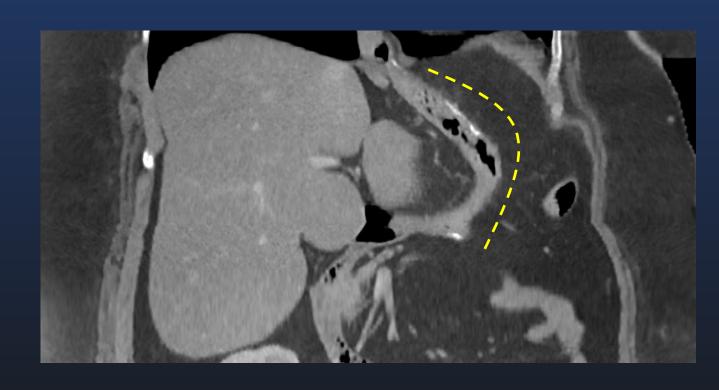
- Most common bariatric techniques in my practice:
  - Gastric sleeve
  - Roux-en-Y gastric bypass
  - Gastric band
  - Duodenal switch

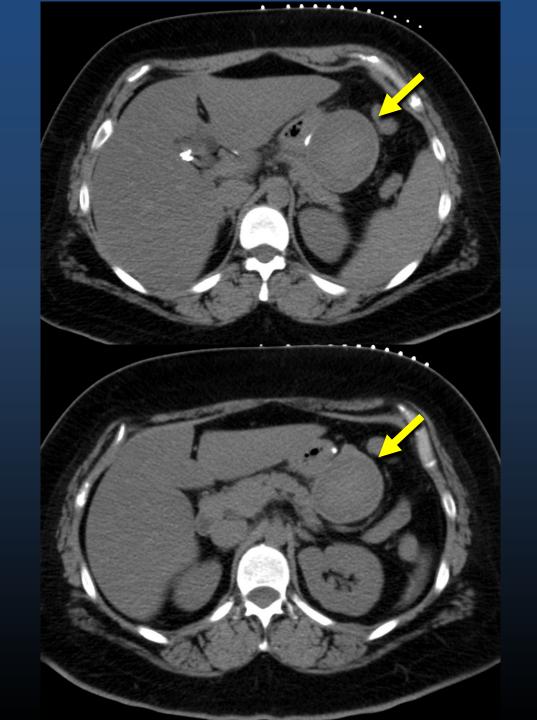




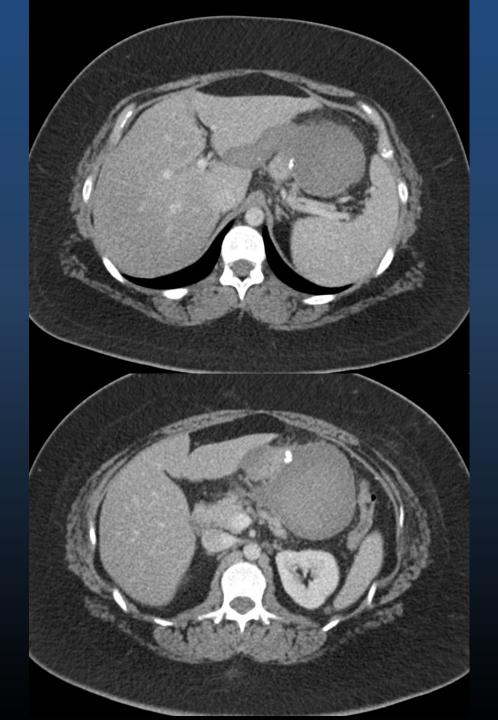
#### Gastric Sleeve

- Increasing use in last decade
- Restrictive excision along greater curvature
- Main complications: leak and hemorrhage



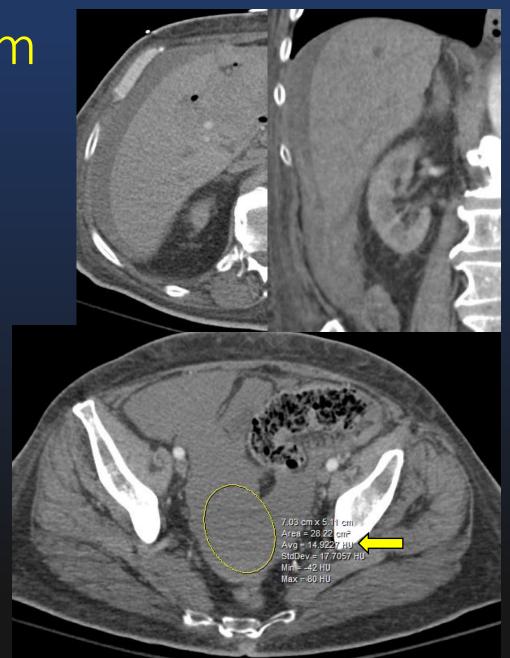


4 months earlier...



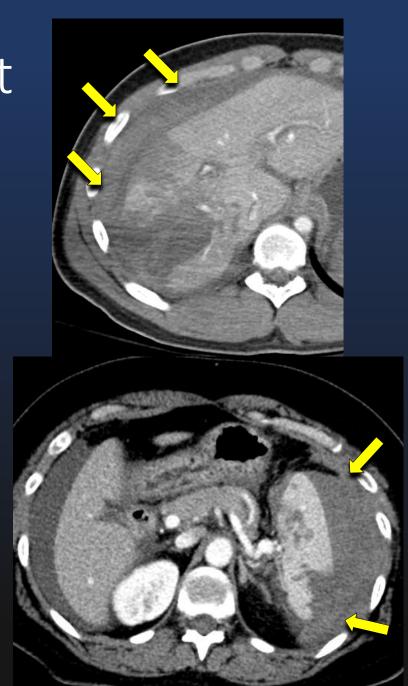
# Postoperative Hemoperitoneum

- Hemoperitoneum may occur after any abdominal surgery
- Higher incidence with anticoagulation
- HU classically 30-70 Pitfalls:
  - Anemic blood lower in attenuation
  - Portions of blood may measure under 20 HU (up to 24% of cases\*)



# Hemoperitoneum – Sentinel Clot

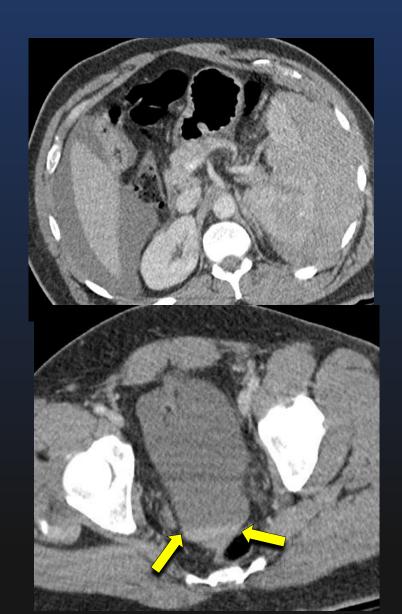
- Highest attenuation blood
- Closest to source of bleeding
- May be useful in pts with multiple injuries
- Narrow windows



### Hematocrit Effect

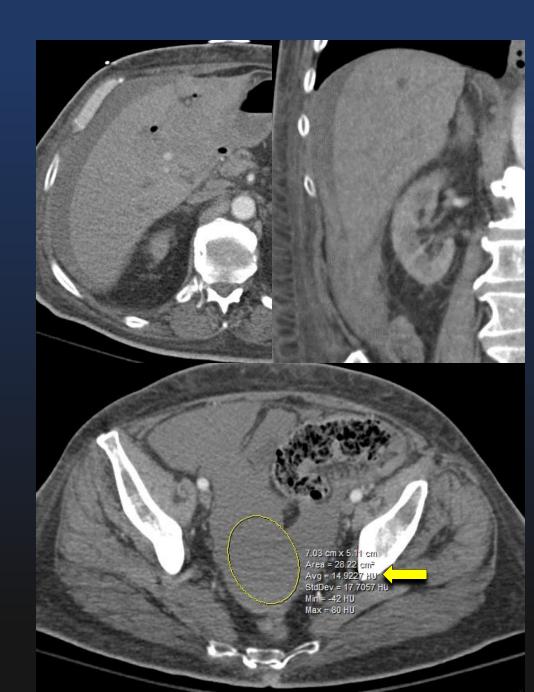
- Sedimented RBCs dependently
- Higher density posteriorly

- Usually seen with fresh blood
- Coagulopathic bleeding?



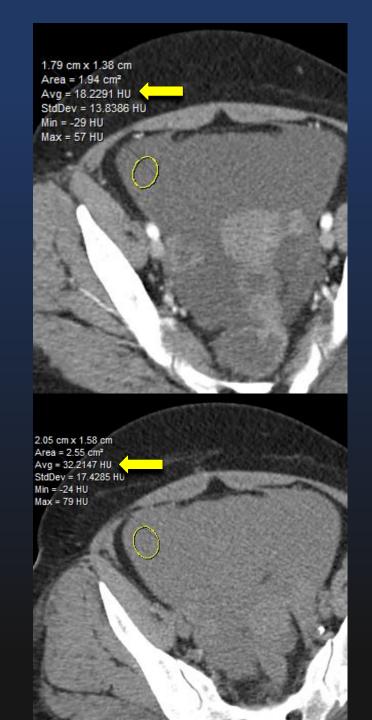
# Hemoperitoneum – CT Pitfalls

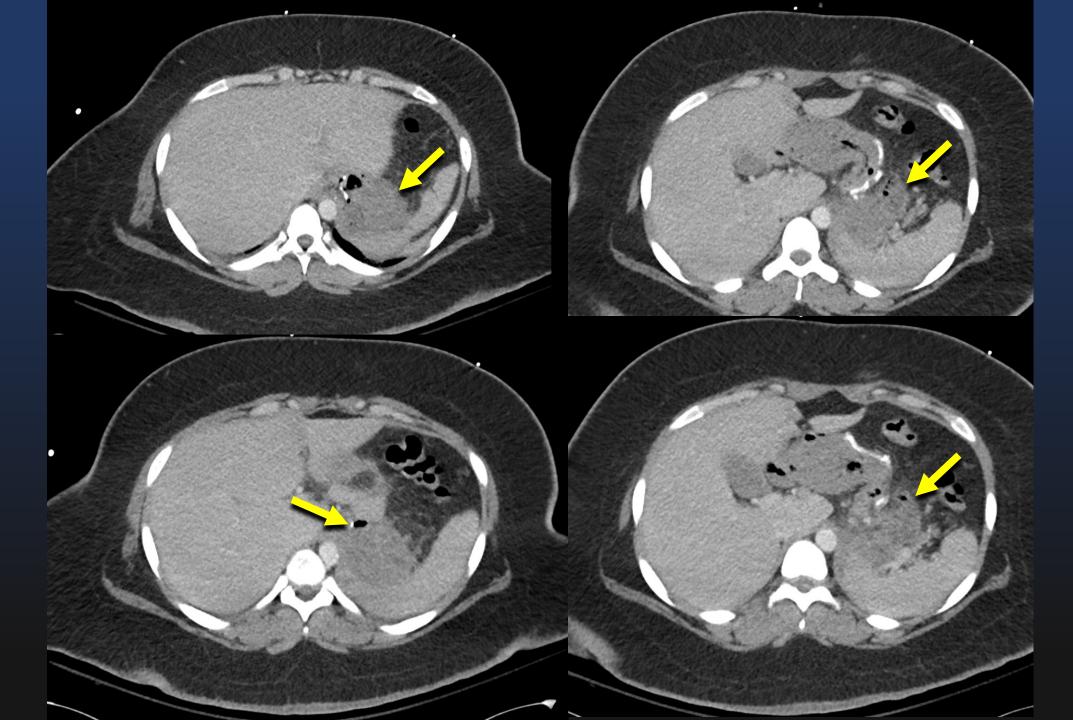
- Anemic blood lower in attenuation
- Look carefully at all fluid
  - Dependently
  - Around solid organs
- Portions of ascites may measure under 20 HU (up to 24% of cases\*)

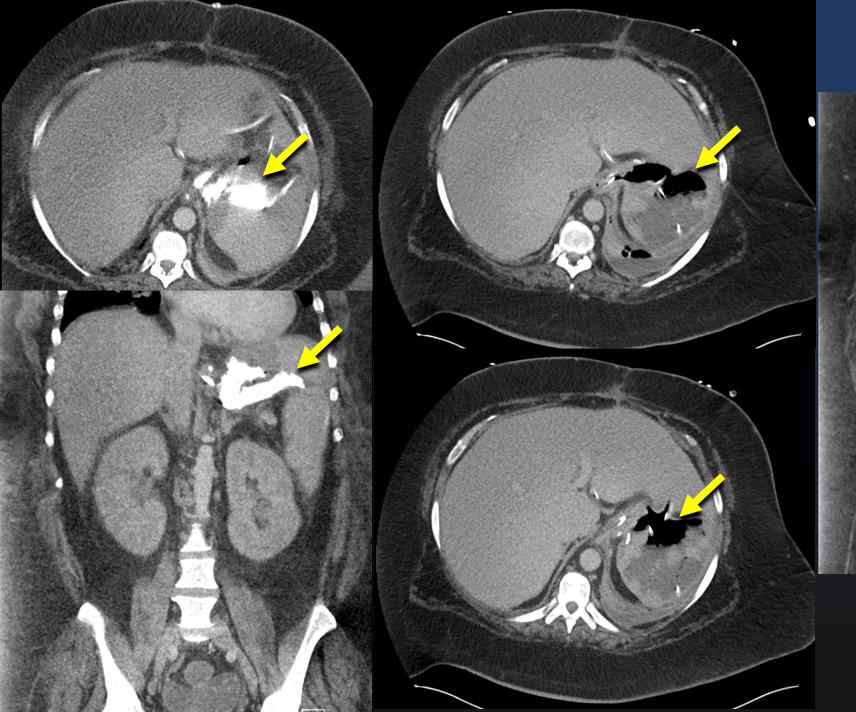


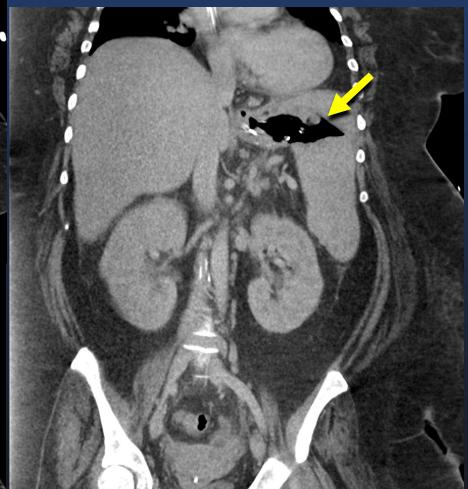
# Hemoperitoneum – CT Pitfalls

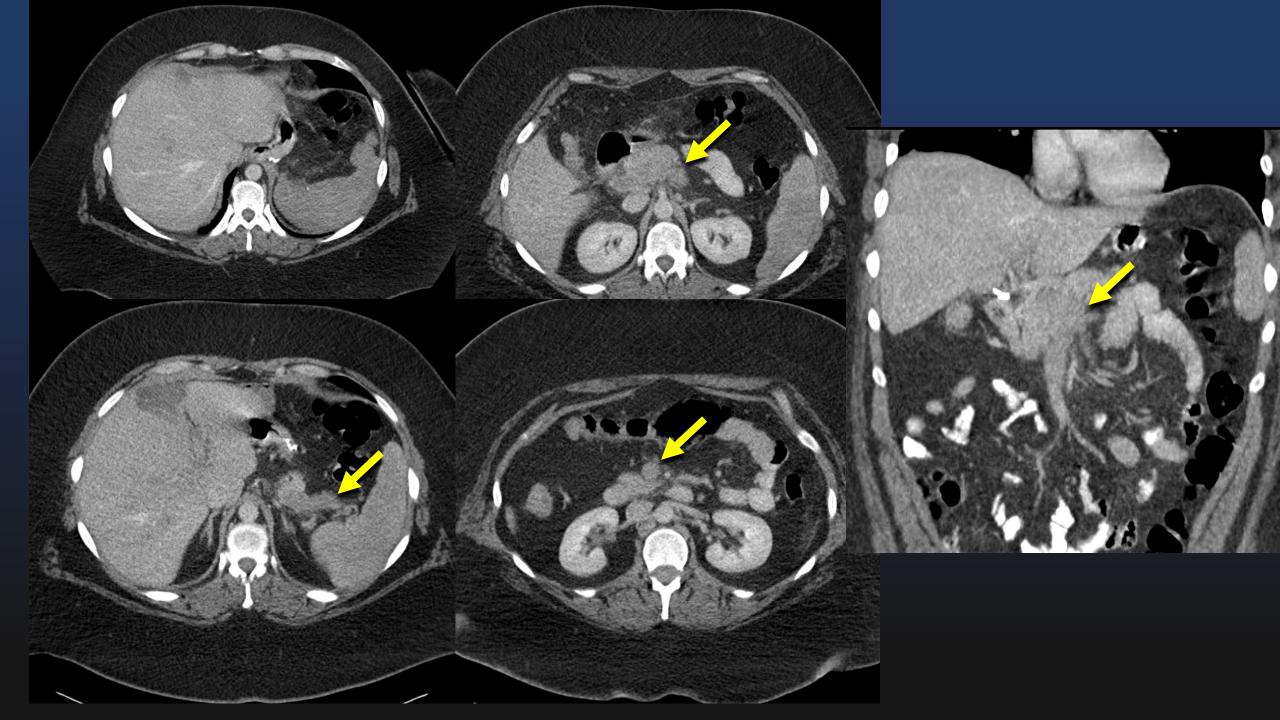
- Enhancement of intraperitoneal fluid
  - Preexisting ascites
  - Repeat scan within ~24 hours after 1<sup>st</sup> dose
  - More common in renal failure
  - Homogeneous high attenuation on CT
    - No hematocrit layer
    - No sentinel clot





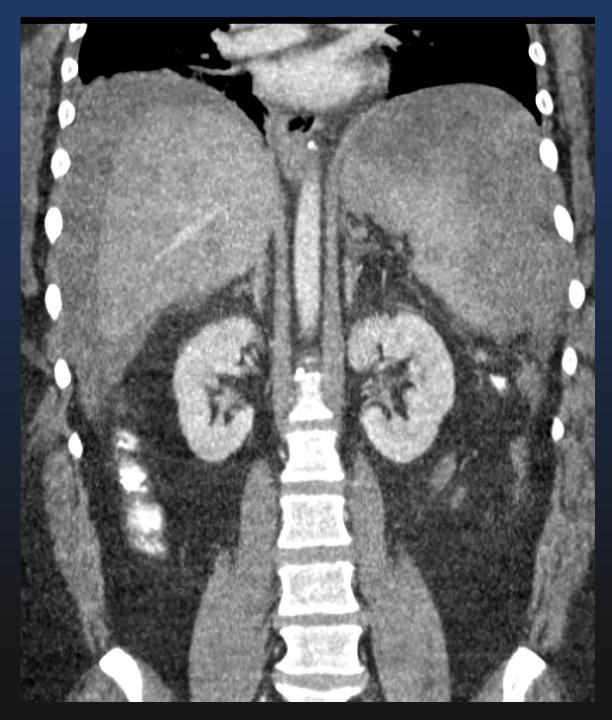


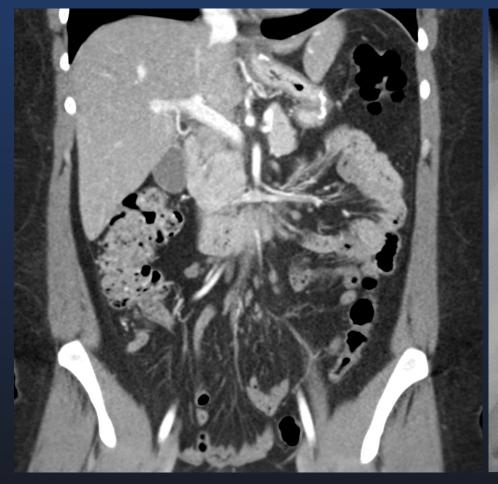






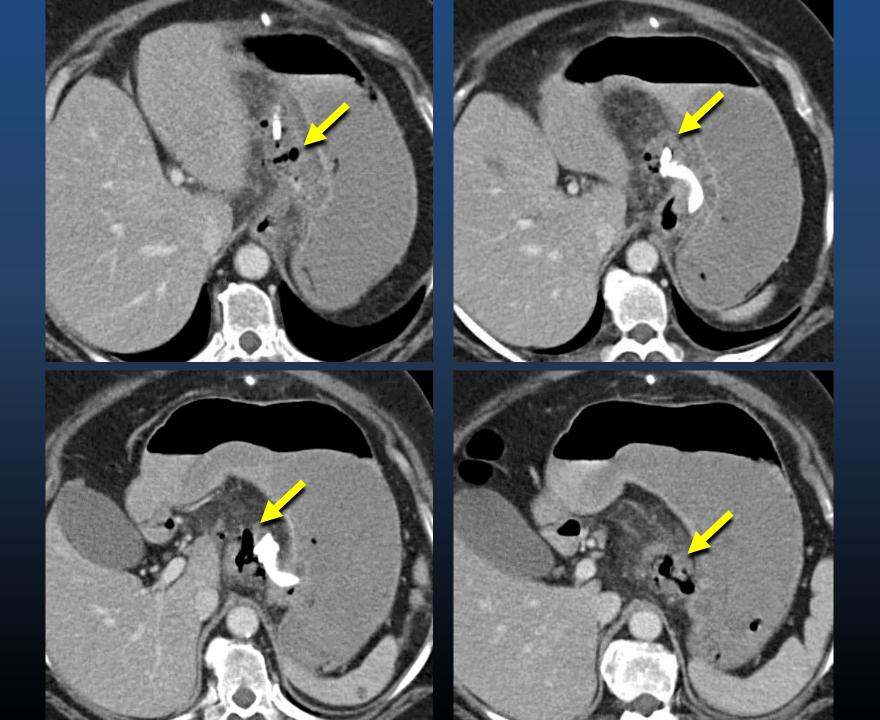
24 hours later...





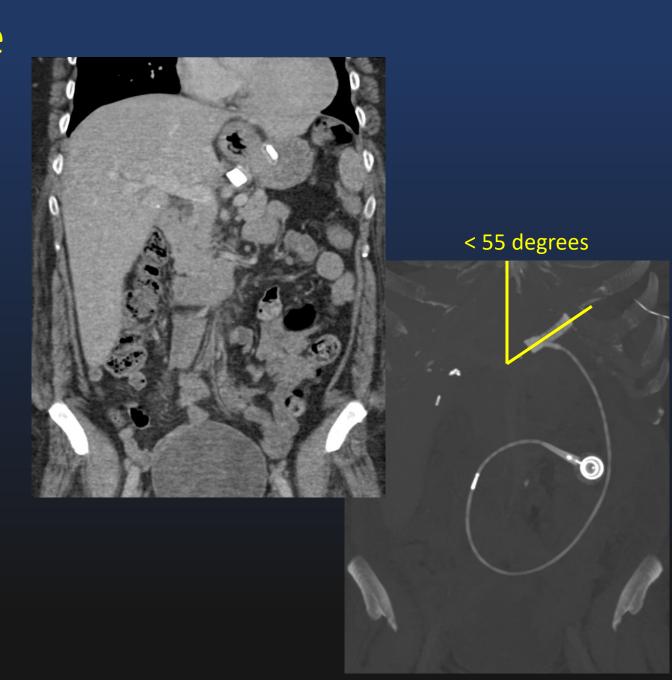


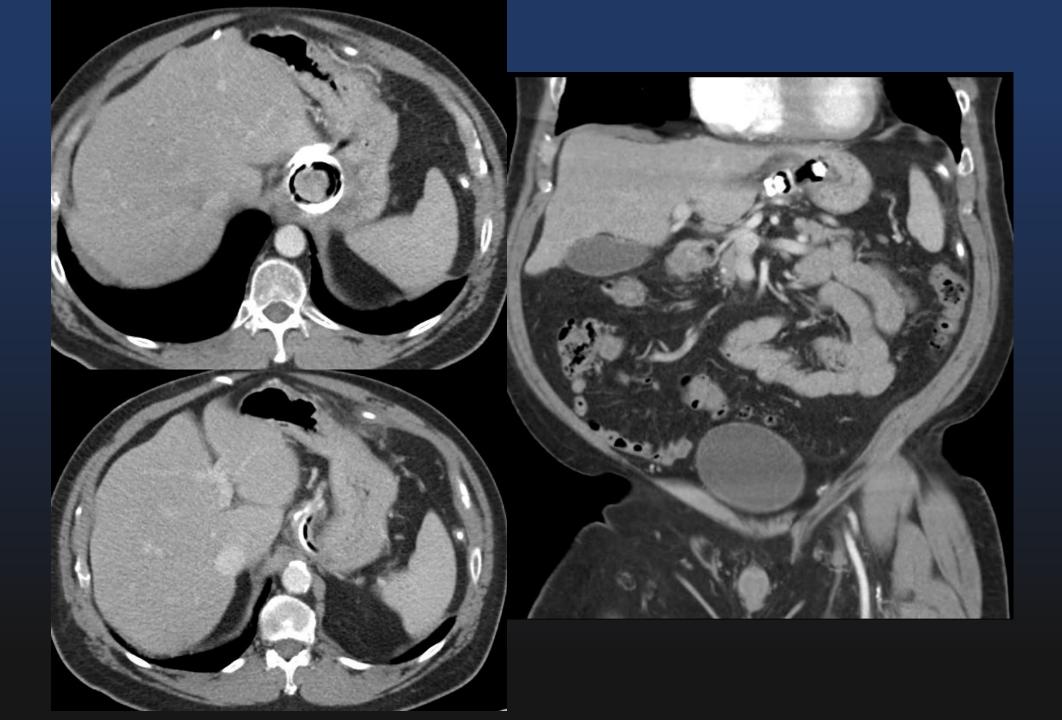


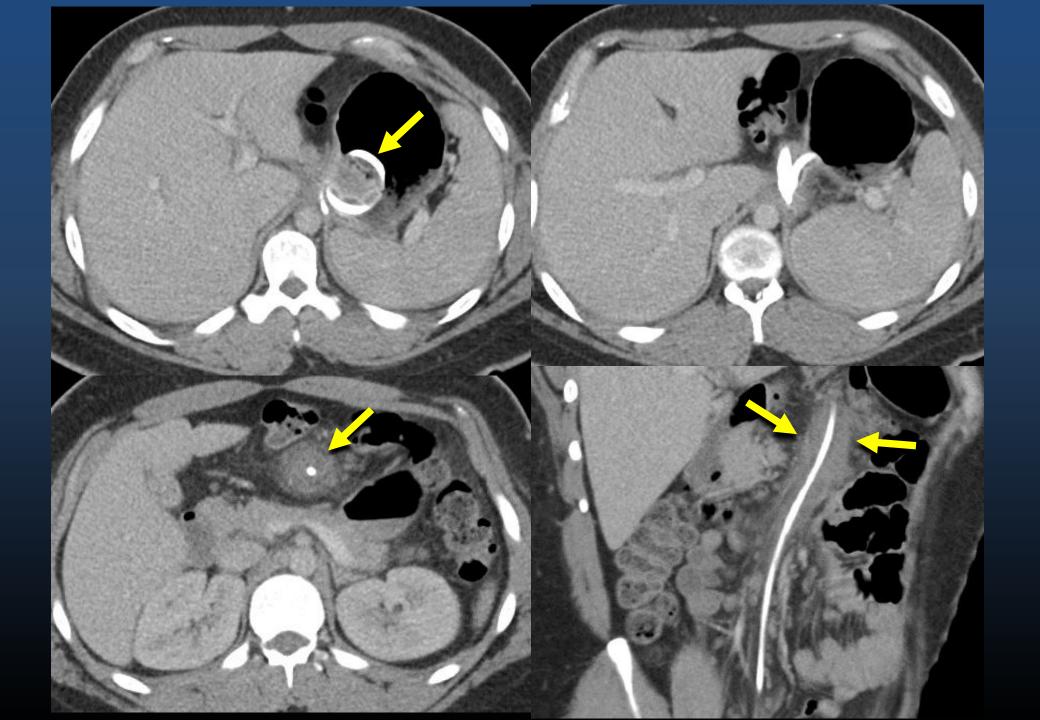


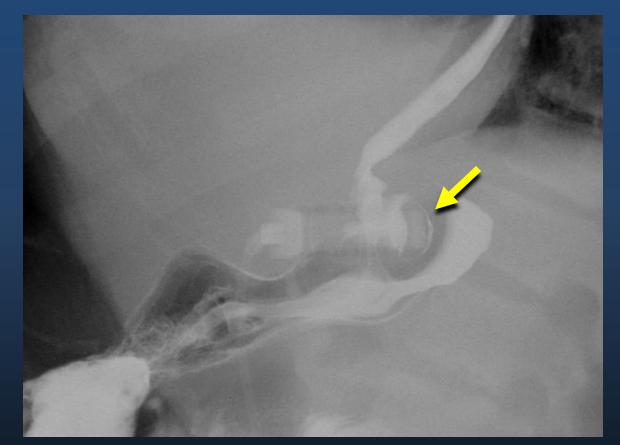
#### Laparoscopic Adjustable Gastric Band

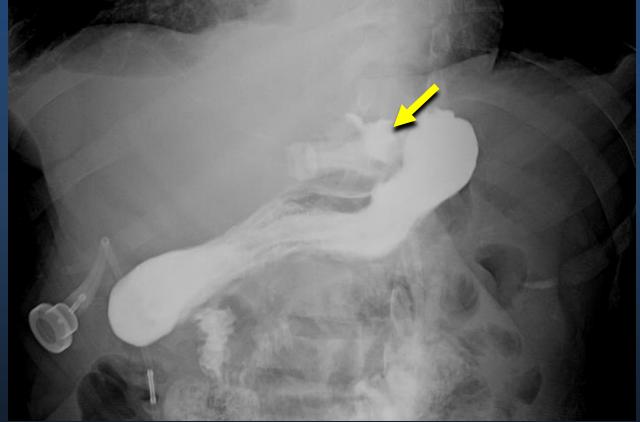
- Band external to stomach, restricting functional lumen
- Tension adjusted via port
- Main complications: band erosion and slippage
- Phi angle







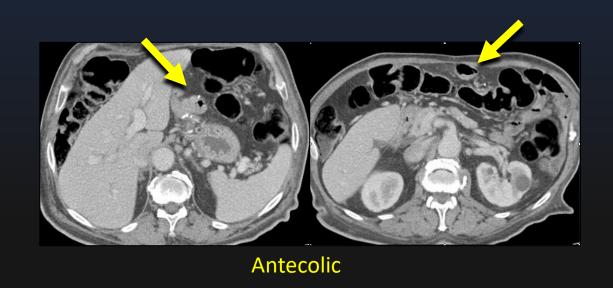


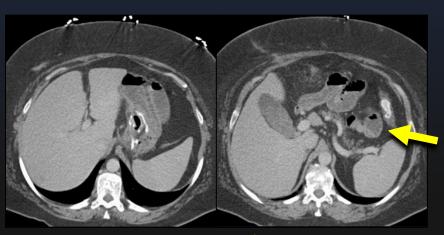




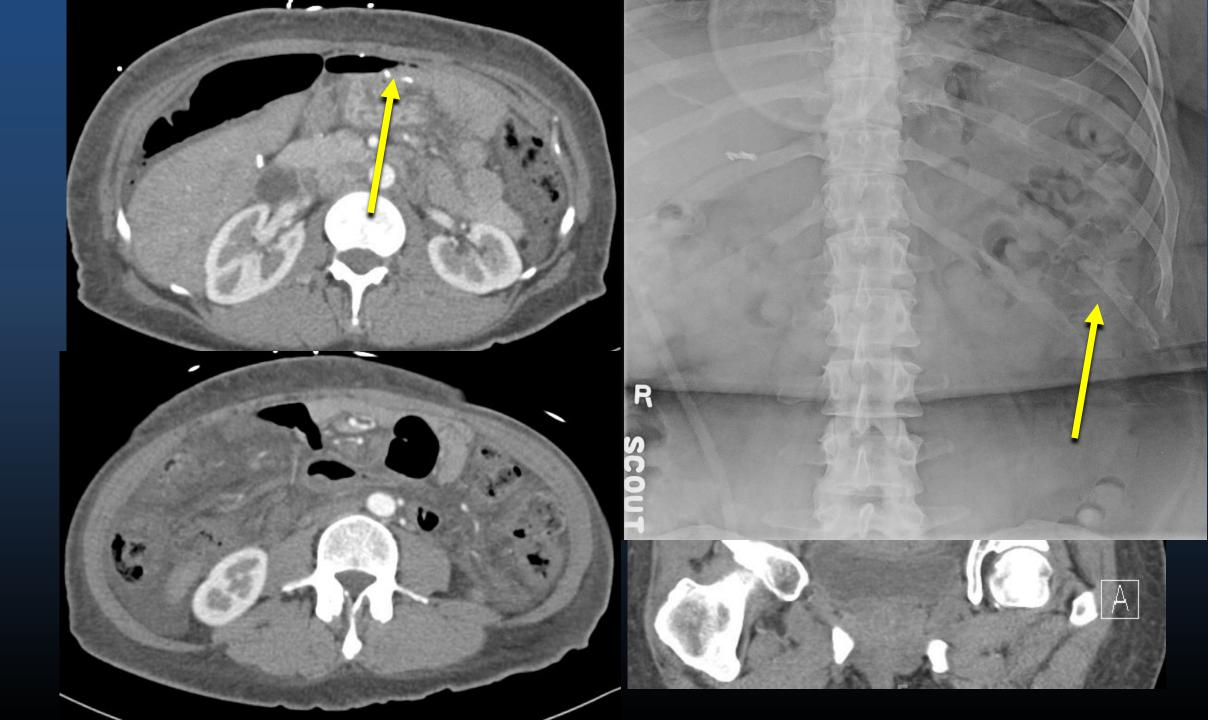
# Roux-en-Y Gastric Bypass

- Use began in 1990s
- Combination restrictive/malabsorptive
- Ante-colic vs retro-colic approach
- Early complications: leak/hemorrhage
- Late complications: internal hernia, marginal ulcer



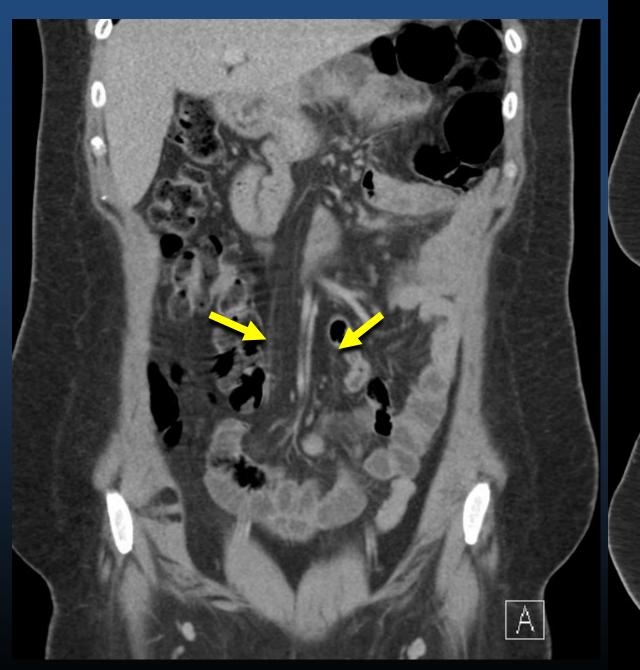


Retrocolic



# Imaging Signs of Internal Hernia

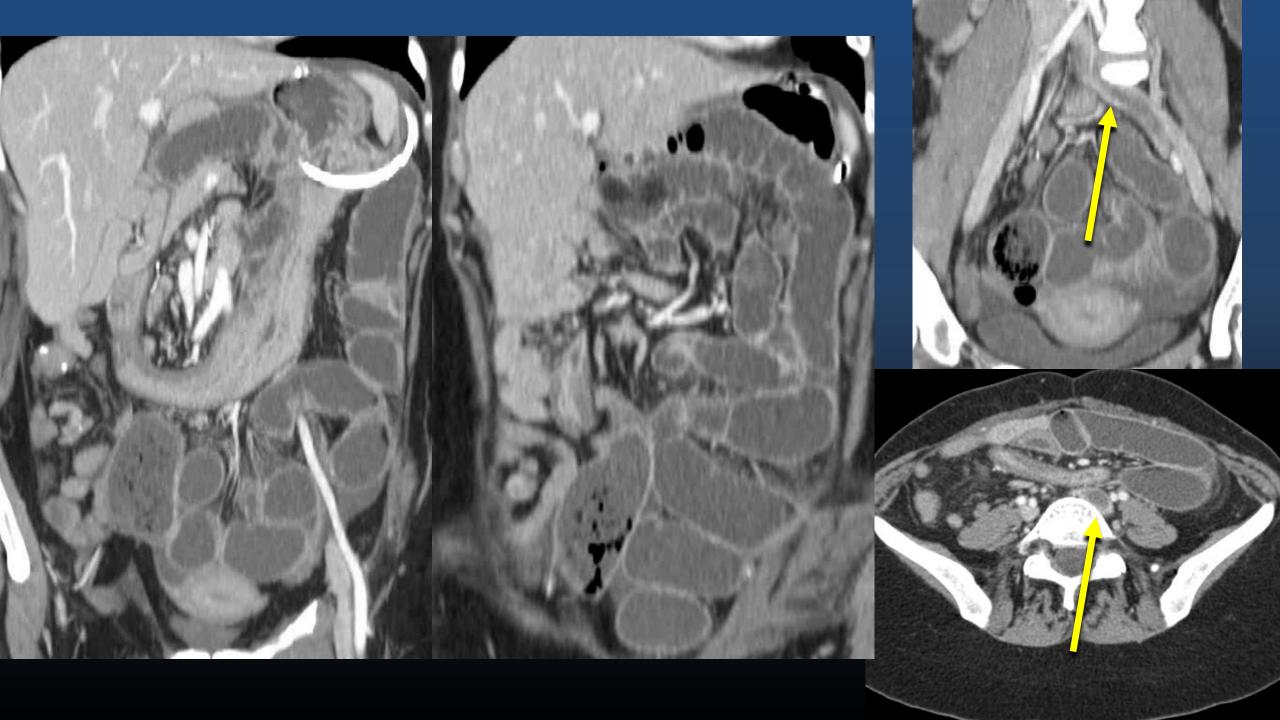
- "Mesenteric swirl" most sensitive
- Loops clustered together in abnormal location
- Bowel/mesentery passing between aorta and SMA
- Mesenteric edema
- "Mushroom sign"
- Shifting anastomosis
- May/may not have CLO or volvulus

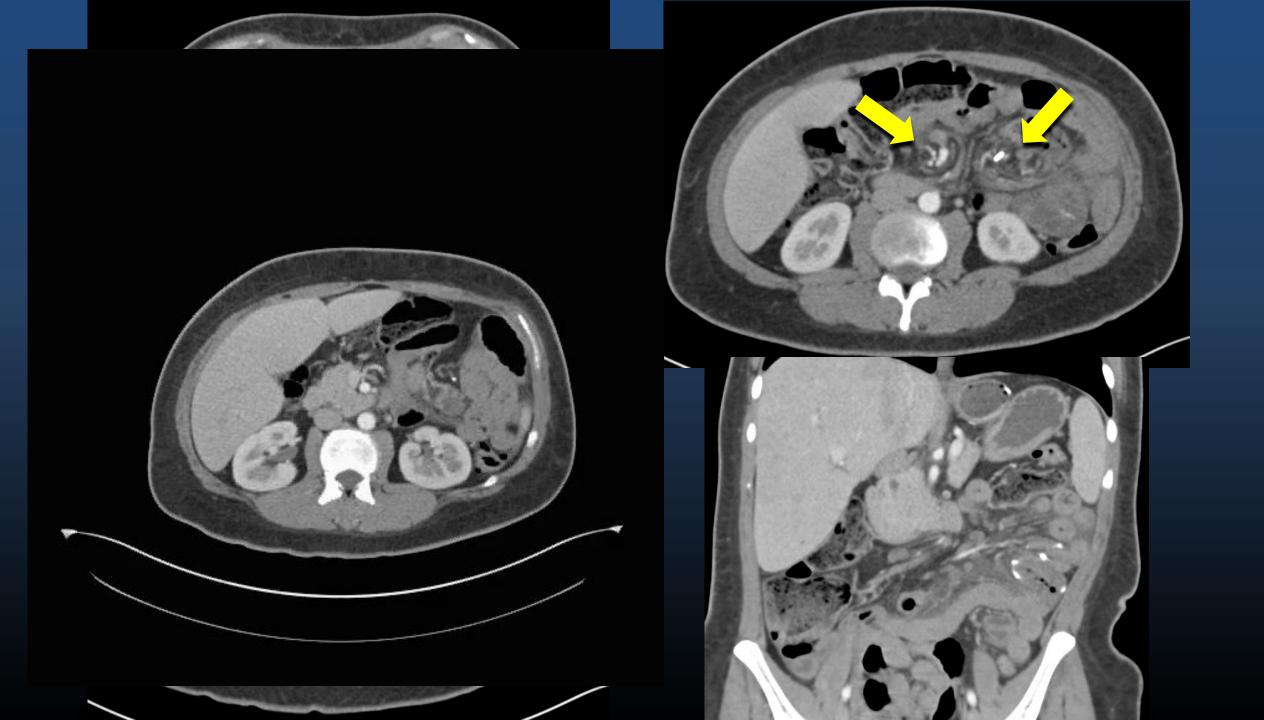


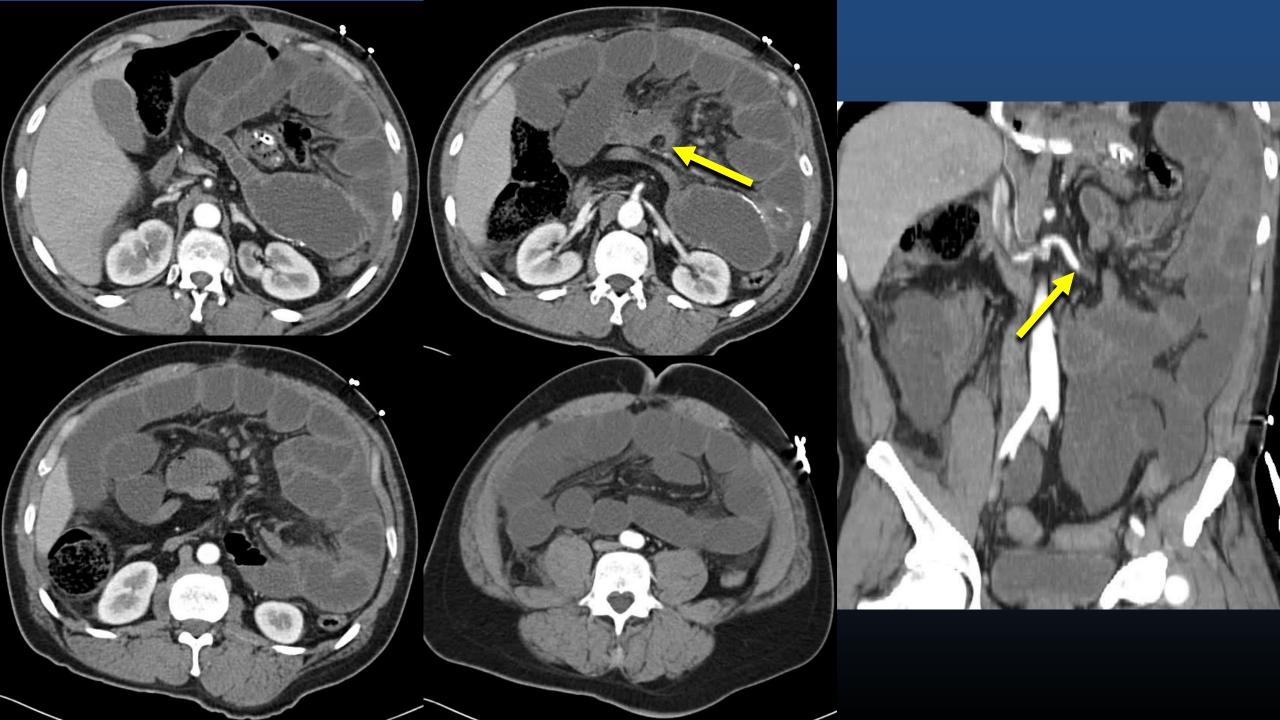


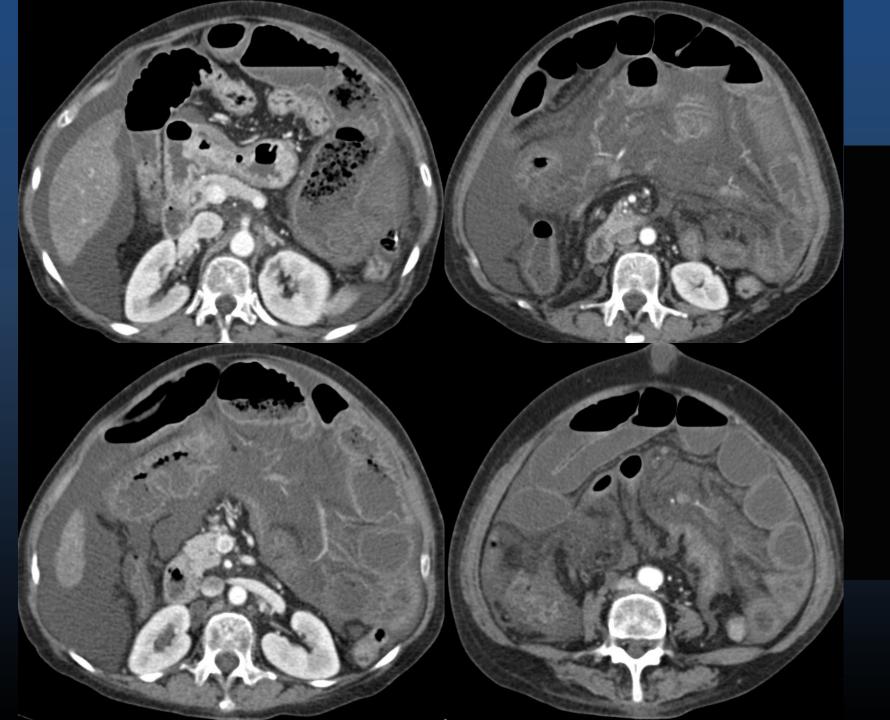




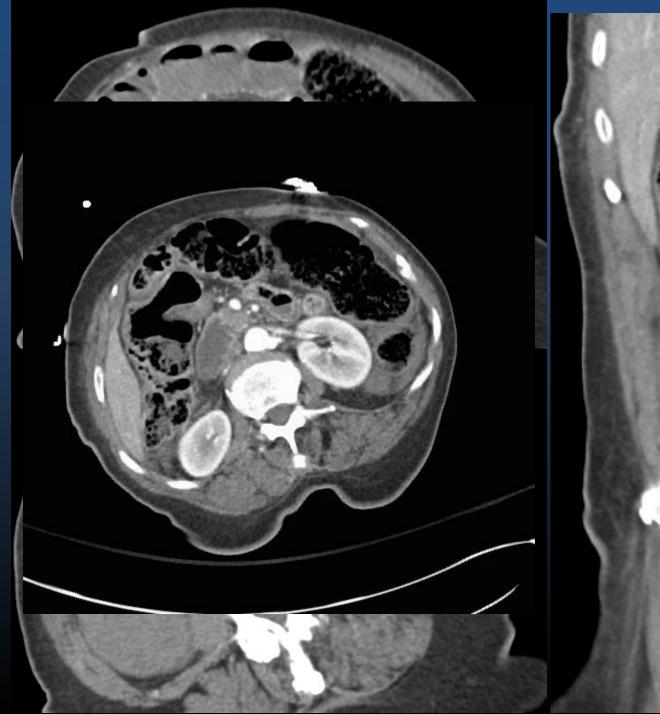




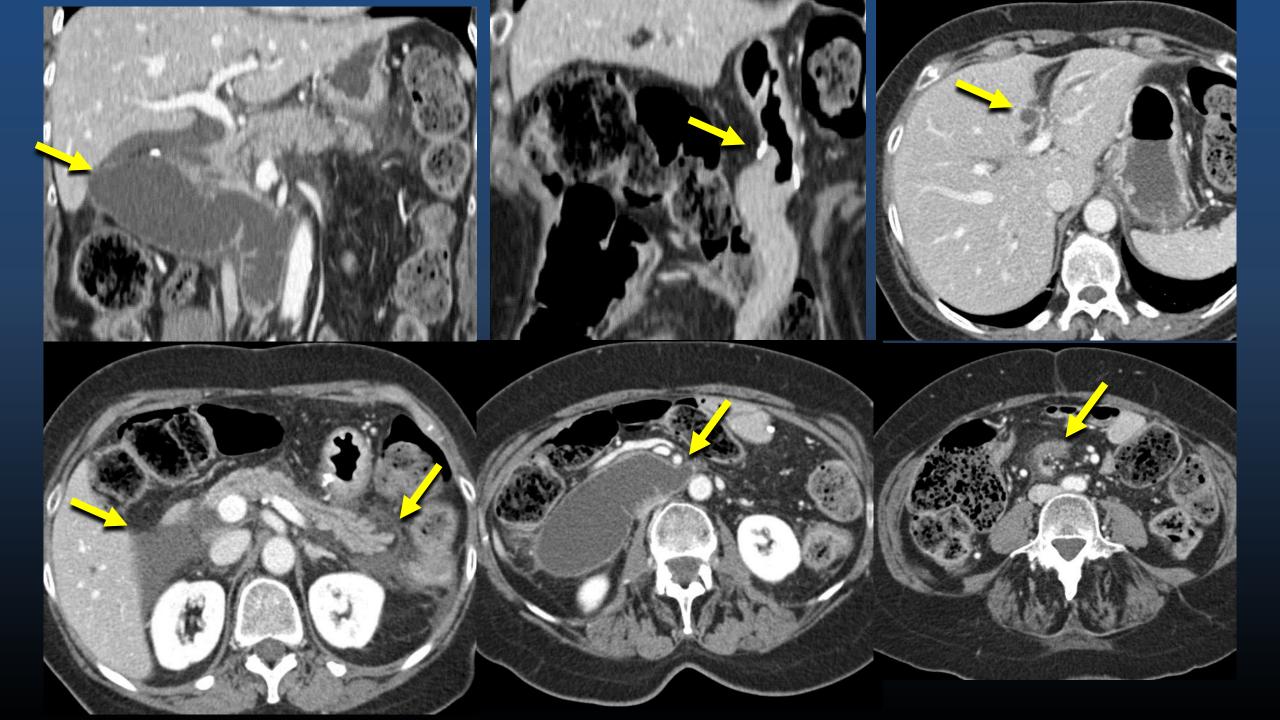


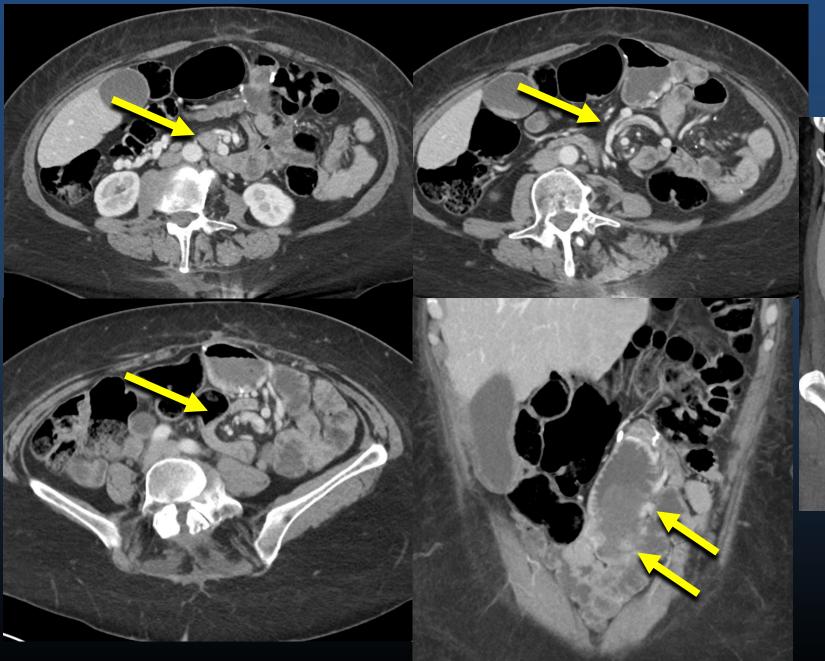










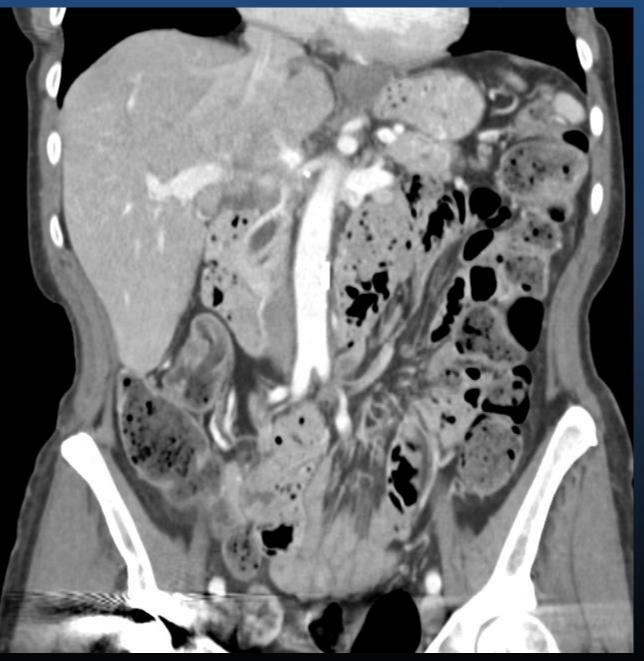




#### Internal hernia hints

- Important because of high risk for CLO/ischemia
- Not gastric bypass? Consider adhesion unless clear anatomic sign
- Gastric bypass?
  - Mesenteric findings sensitive
  - Bowel behind SMA
  - Shifting anastomosis
  - Bowel may not be dilated



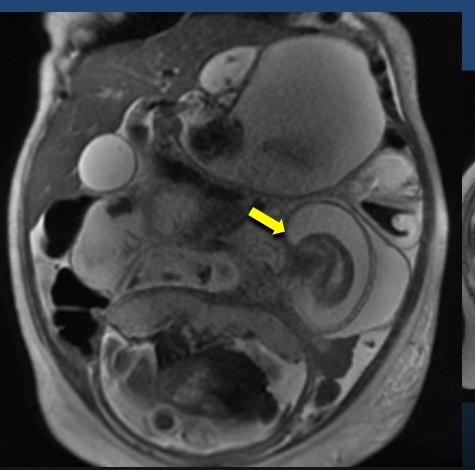


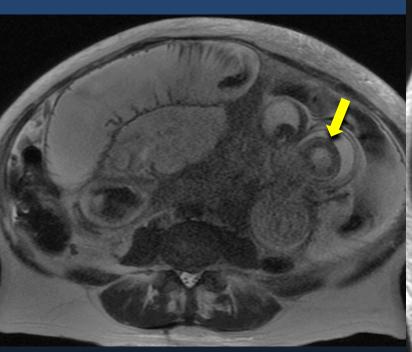
# Mesenteric Swirling on CT

If SBO is present, helpful in predicting need for surgery

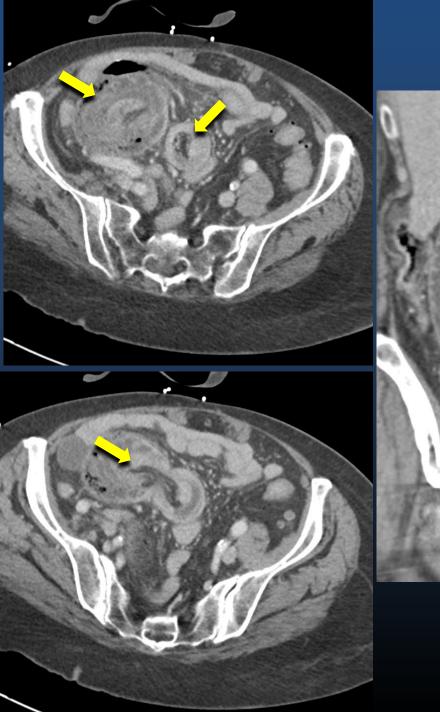
What about no SBO?

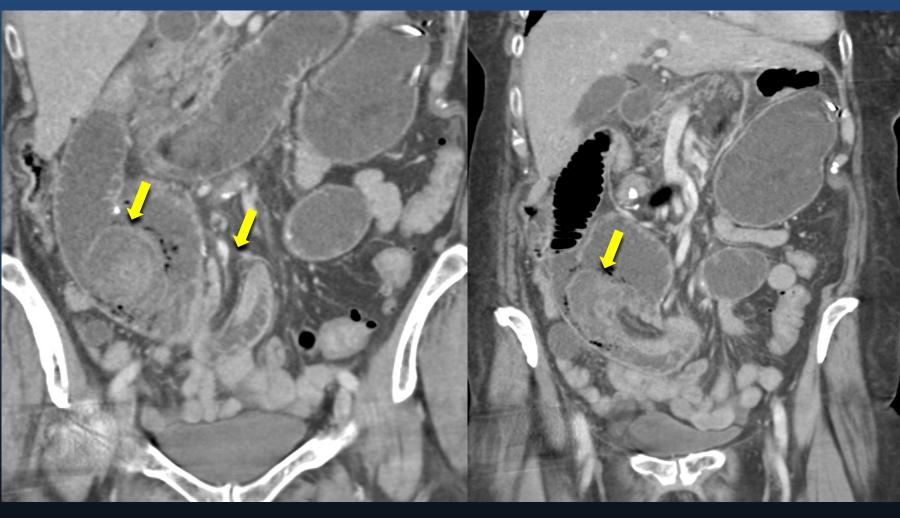
- Counterclockwise swirling of bowel can be normal in up to 1/3
- Look for secondary signs
- Gastric bypass be careful



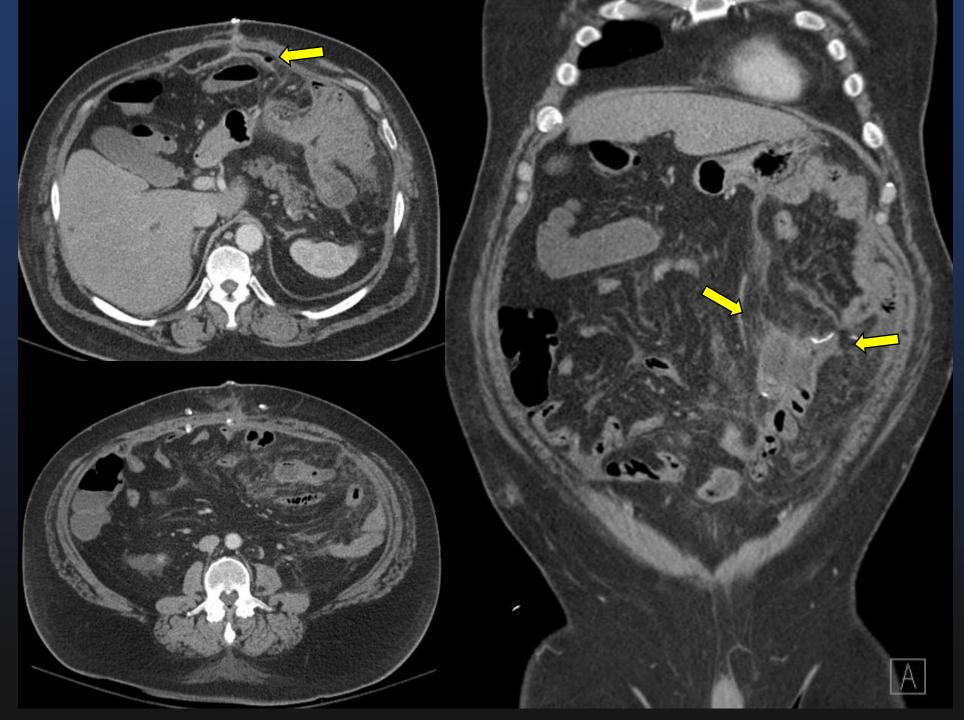








3 days post-op

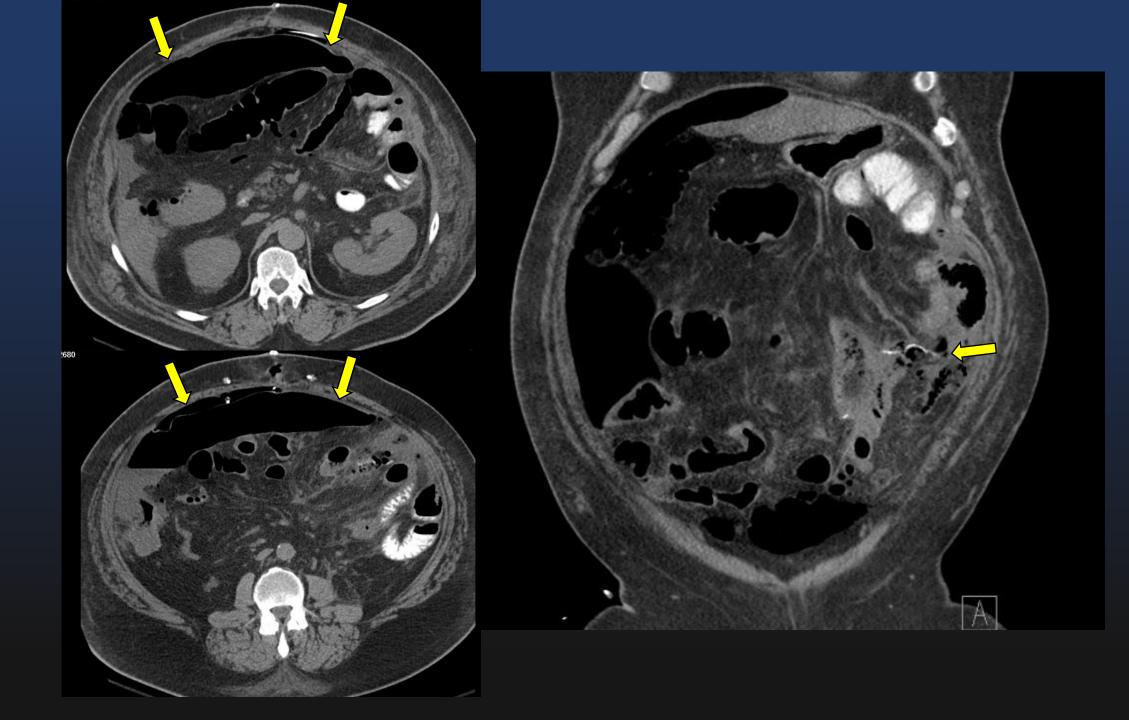


# Post-Operative Pneumoperitoneum

- After abdominal surgery:
  - Most resolved in 5 days
  - Up to 9 days post-op on radiograph
  - Up to 2 weeks on CT
- Open > Laparoscopic
- Volume/Ancillary findings
- Clinical picture



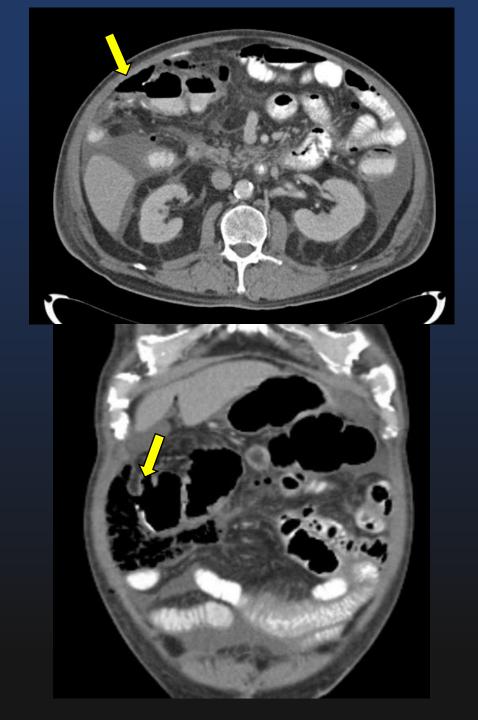
5 days post-op

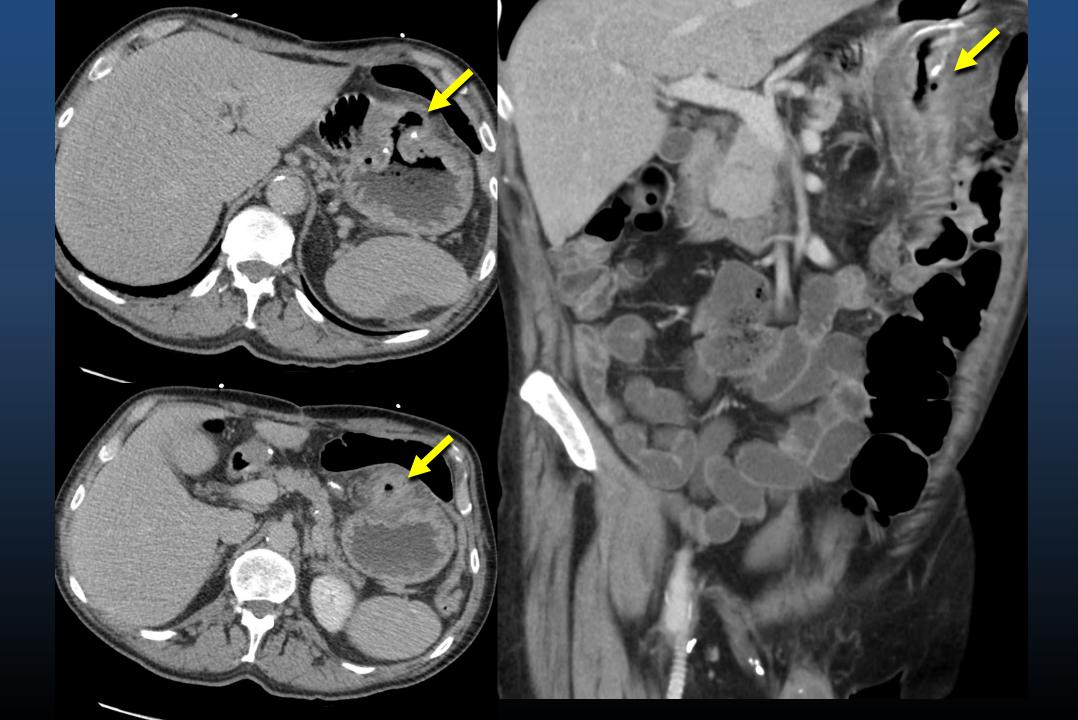


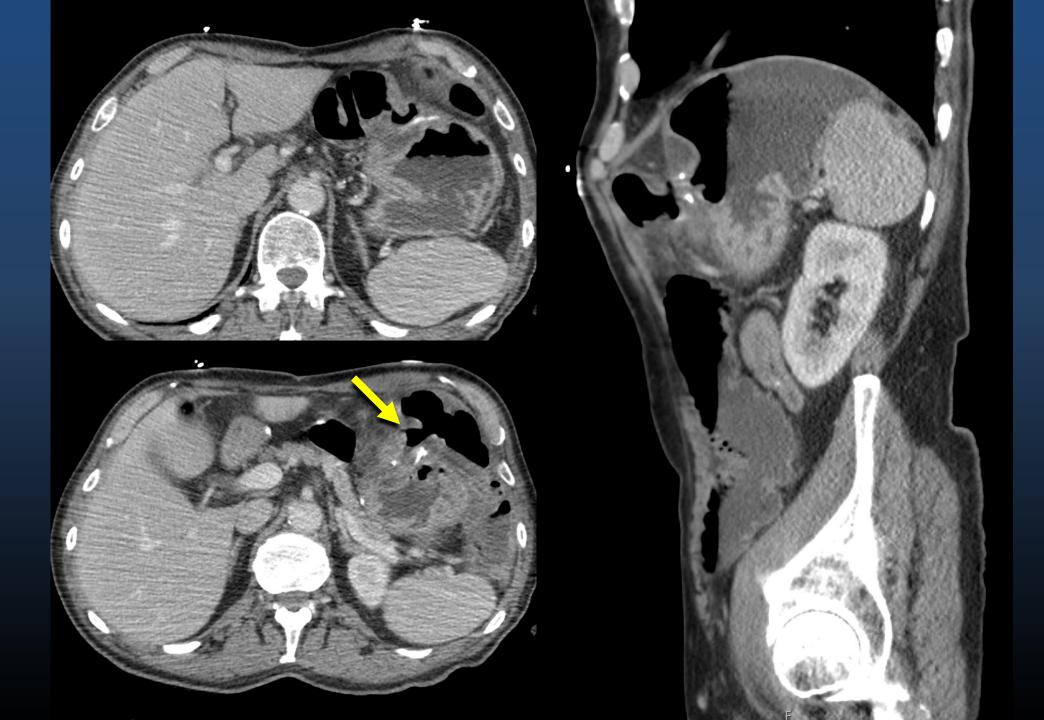
### Enteric Anastomotic Leaks

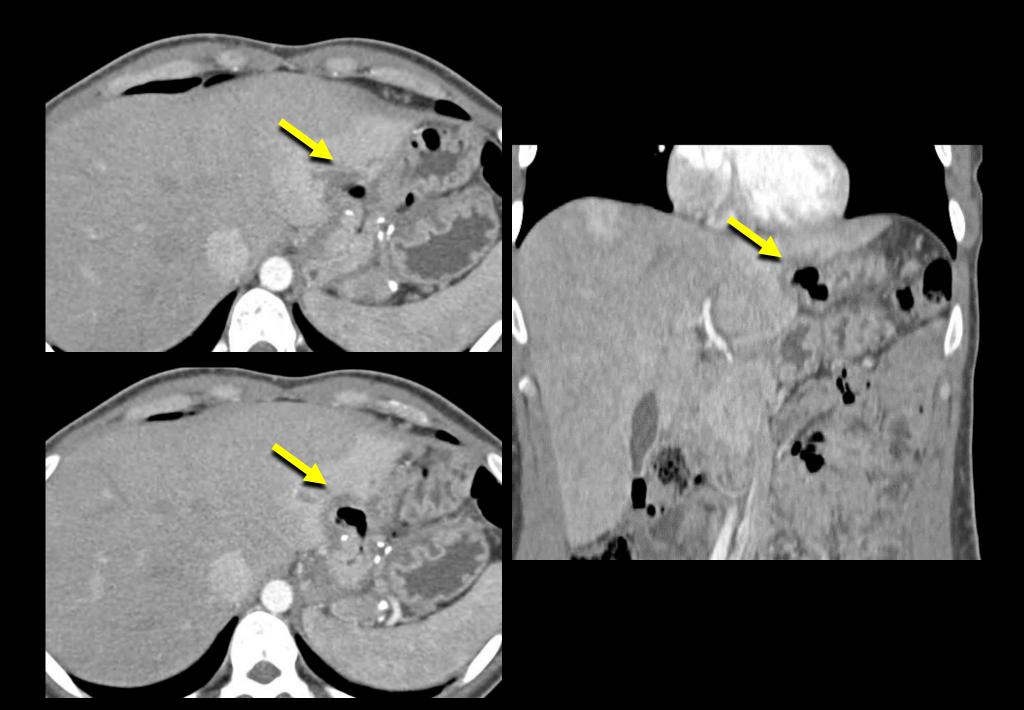
 Often present within first week post-op but can be delayed

- CT:
  - Overall sensitivity 65%
  - Free fluid, free gas sensitive
  - Leakage of intraluminal contrast specific





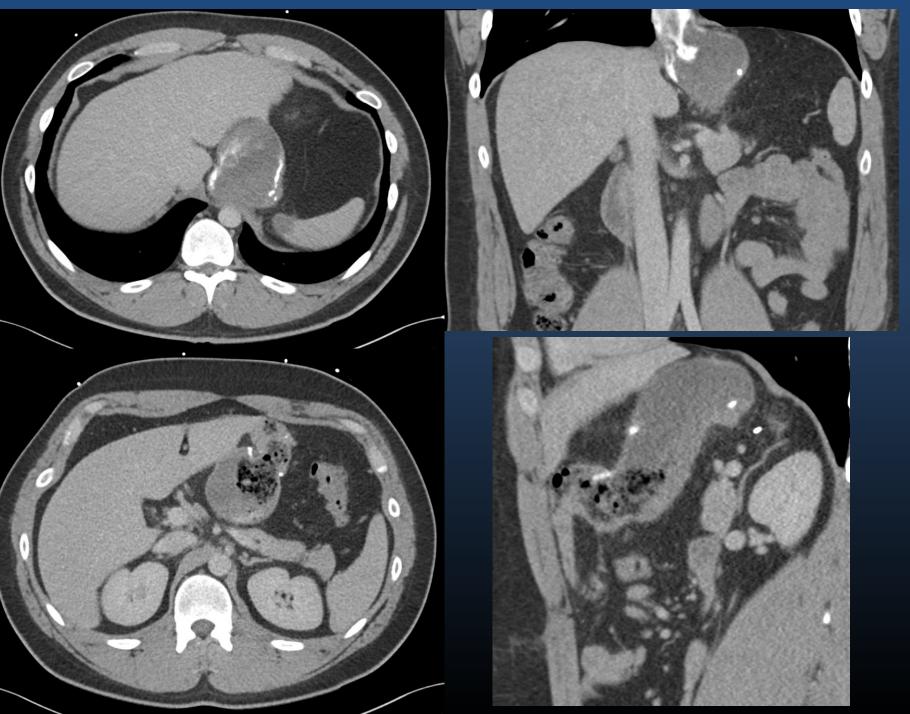


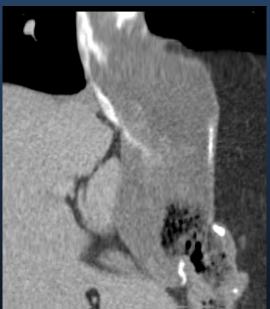


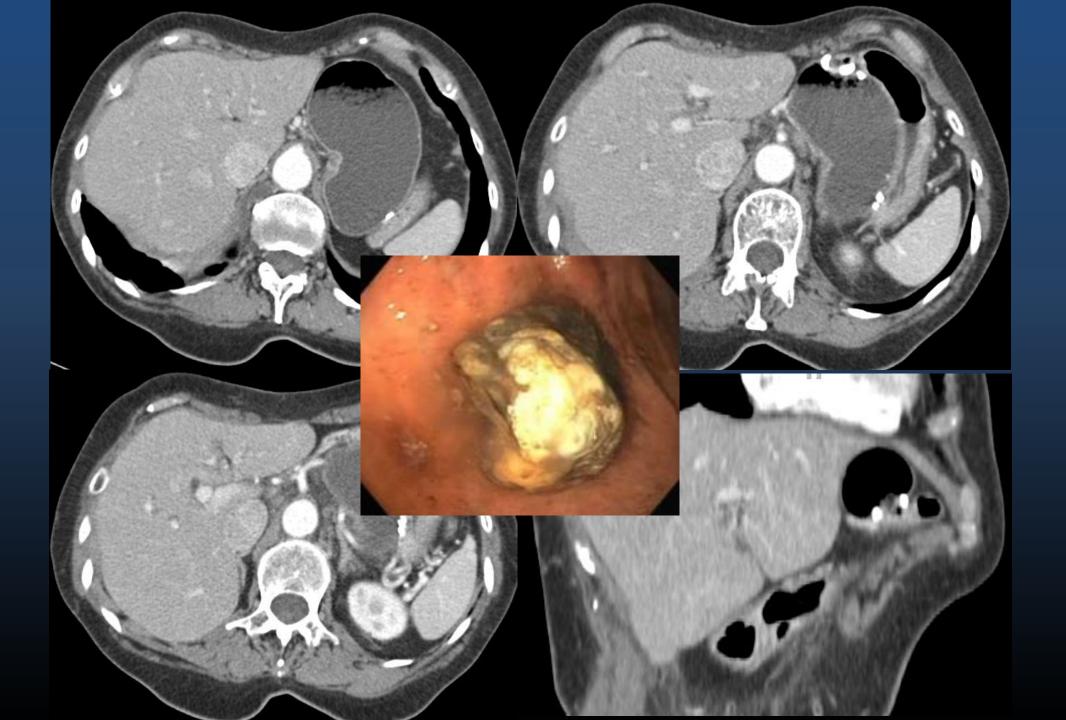
# Gastric Inflammation/Infection: Marginal Ulcers

- Occur at the suture line following gastric surgeries
  - Billroth II
  - Roux-en-Y bypass
- Can be deeply penetrating
- Usually begins at the jejunal side of gastrojejunostomy
- Typically develops 2-4 years







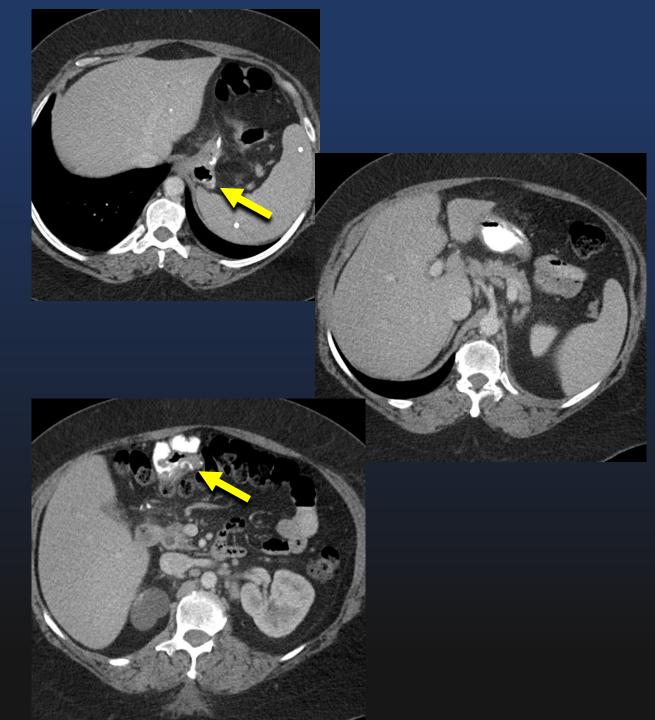


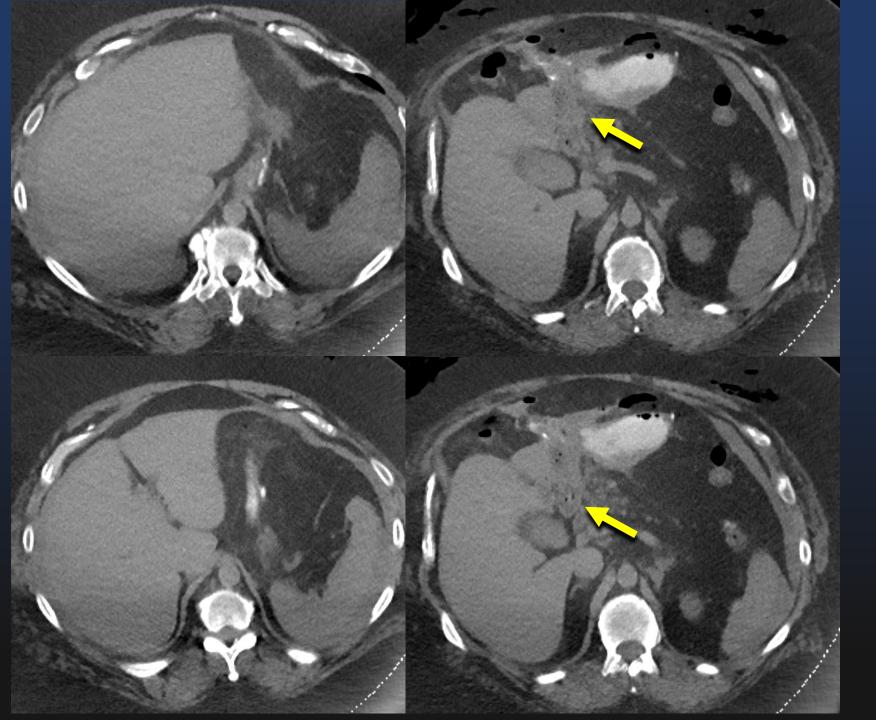
## **Duodenal Switch**

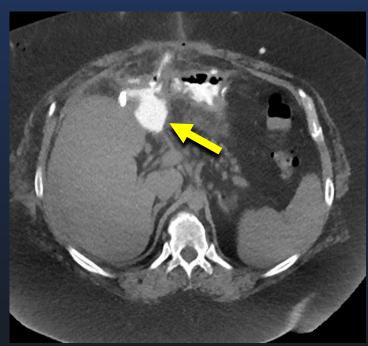
 Combination of gastric sleeve, gastric bypass

 Has similar complications to GS/RYBG

Most effective weight loss results

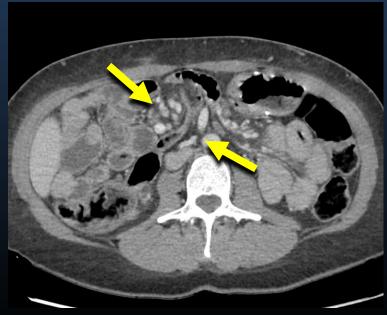


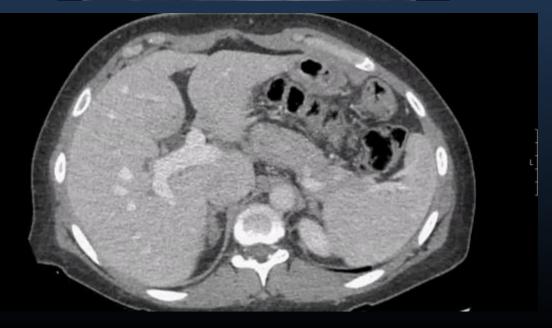












### Conclusions

Gastric sleeve – most common. Look out for leak/hemorrhage

Lap Band – decreasing use. Slippage and erosion can be subtle

DS/RYGB – anastamotic complications and hernias